

September 9, 2024



WRHS ACTIVITIES

Let's make this year amazing!

After-School Tutoring will be held on Tuesdays and Thursdays right after school in the Library/Media Center. Tutoring begins Tuesday, September 3rd. STUDENTS, IF YOU NEED TRANSPORTATION HOME AFTER TUTORING, YOU MUST SIGN UP WITH ANNA JUSTUS IN THE MAIN OFFICE BEFORE THE END OF 3RD LUNCH THE DAY OF THE TUTORING SESSION YOU WANT TO ATTEND.

Make a Difference club is holding a *Food Drive* for WRHS Pantry. Starts today through September 19. See attached flyer.

PSAT Registration – PSAT testing is October 14-16, from 8am-12pm. Connect with Colleges and Juniors you can enter into Scholarship Competitions. Please sign up by September 5!

See link. https://docs.google.com/document/d/1XuOJySJAR_BC1bF45yDNWpJI-778QnbfV-NXoQHpMGs/edit?usp=gmail

"THE LETTER JACKET MAN" will be here Tuesday, September 17th, from 3:15-6:30pm in the Commons to size, take orders and provide information for Letter Jackets. Come by and get sized so you can order at any time. If you have your letter, bring it with you. Jackets can be ordered **ANYTIME** by individual appointment. If you need a business card for later, it can be picked up at the reception desk.

Sources of Strength is hosting a *Suicide Prevention Spirit Week* September 9-September 13. See attached flyer!

<p><u>Monday, September 9</u></p> <p>4:30pm 9th/JV Football @ Shawnee Heights 5:00pm JV/V Volleyball Tri – WRHS</p>	<p><u>Tuesday, September 10</u></p> <p>7:15am NHS Meeting – Media Center 12:00pm JV Girls Golf – WRHS Invite – Lake Shawnee Golf Course 3:00pm JV Girls Tennis Tournament – Manhattan High School 4:30pm Boys Soccer @ Blue Valley West 5:00pm 9th/JV Volleyball Tri @ Manhattan High School 6:30pm Drug Seminar – Library & Auditorium</p>	<p><u>Wednesday, September 11</u></p> <p>10:30am Jostens Ring Order 3:30pm Varsity Tennis @ SME 5:30pm Soccer Dinner – WRHS Cafeteria 6:30pm Blue Backers Meeting – WRHS Library</p>
<p><u>Thursday, September 12</u></p> <p>3:00pm JV Girl’s Golf @ Topeka West 3:00pm Varsity Girl’s Golf Seaman Invite 3:00pm Varsity Girl’s Tennis Quad – Kossover Tennis Center 4:00pm JV Girl’s Tennis Dual vs. Topeka West – Topeka West High School 4:30pm Boys Soccer vs De Soto – WRHS McElroy Field</p>	<p><u>Friday, September 13</u></p> <p>Marching Band Tour 3:30pm Football Pregame Meal – WRHS Cafeteria 7:00pm Football @ Blue Valley</p>	<p><u>Saturday, September 14</u></p> <p>7:30am ACT – WRHS 9:00am 9th Volleyball Tournament – Ottawa High School 10:00 JR Blue Game Rental 5:00pm Cross Country @ Olathe North Twilight Meer</p> <p><u>Sunday, September 15</u> First Day of Hispanic Heritage Month</p>

2024 Sources of Strength Suicide Prevention Week



What is Suicide Prevention week?

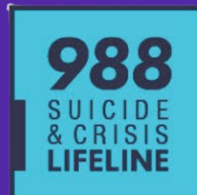
Suicide Prevention Week is an annual week-long campaign to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide

Suicide Prevention Spirit Week Wear

Sept 8-14

Resources

Don't be afraid to reach out!



Monday- Be Comfortable in your own Skin (Pj's, comfy clothes)

Tuesday- Twin day (match with someone!)

Wednesday- Sock about suicide wear crazy/cool socks)

Thursday- wear purple/blue for suicide awareness (wear blue or purple for suicide awareness)

Friday- Say aloha to good vibes (wear Hawaiian / vacation theme clothing)



**SOURCES
OF STRENGTH**

Sponsored by Make A Difference

FOOD DRIVE FOR WRHS PANTRY

ENDS SEPT 19



DROP-OFF LOCATION

Commons, Counseling and Library

ITEMS NEEDED

Soup

Gold fish

Granola Bars

Ramen

SpaghettiOs

Cheez-Its

Chips

Fruit Snacks