

·2021-2022 WINTER SPORT INFORMATION·

All participants must have a signed KSHSAA Physical (dated no earlier than May 1, 2021) and Concussion Form on file with the Athletic Office by **Wednesday, November 10th**. Forms received after this date may not be processed in time for practice or tryouts.

BOYS' BASKETBALL

Coach: Kevin Muff
muffkev@usd437.net

Mandatory Tryout Date: Monday, November 15th - We will let you know after this practice if you will attend the next practice date.

FRESHMEN and ALL NEW PLAYERS NOT A PART OF THE PROGRAM LAST YEAR: **6:00 - 7:30 AM**
SOPHOMORES, JUNIORS & SENIORS: **3:15 - 5:30 PM**

Parent Meeting:

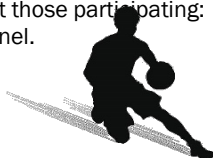
Tuesday, November 23rd at 5:30 PM On-Site

What You Will Need:

1. Completed physical form and concussion form on file in the Athletic Office. NO EXCEPTION to this. You cannot workout for us without your physical and other paperwork.
2. Work-out gear: Must have a shirt, any color, with your name on it- preferably on the front.

Procedure:

- Every player will be guaranteed one day of evaluation in front of the coaches.
- Tryouts will be closed to everyone, except those participating: coaches, managers, and essential personnel.



GIRLS' BASKETBALL

Coach: Kevin Bordewick
bordekev@usd437.net

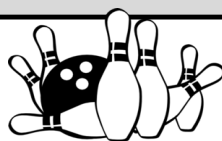
Tryouts:

November 15th, 16th, & 17th
3:10-5:30 PM



BOWLING

Coach: Jo Ricard
ricarjol@usd437.net



Be sure to have athletic paperwork turned in before tryouts. Send an email to Coach Ricard, so she knows you're trying out at: ricarjol@usd437.net. Stop by room D276 if you have any questions.

Tryouts: Boys - Mon. Nov. 29, Weds. Dec. 1, & Fri. Dec. 3
Girls - Tues. Nov. 30, Thurs. Dec. 2, & Fri. Dec. 3
Dismiss from 7th hour at 2:57pm.

When: Monday, November 29th - Friday, December 3rd

Time: 3:20-5:00 PM (Must be picked up by 5:10)

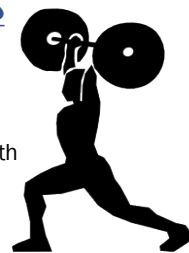
Location: West Ridge Lanes; Use the WEST DOORS to ENTER

*School Transportation will be provided to the bowling alley for those that do not drive.

Students will load the bus at the **LIBRARY PARKING LOT** promptly at **3:00 PM**. Students will need their Student IDs.*

WINTER WEIGHTS

Coach: Tyler Pfizenmaier
pfizetyl@usd437.net



Anyone interested in weightlifting after school is invited to meet in the weight room starting Nov. 29th and extending all the way to Spring Break.

If you would like to compete in powerlifting, talk to Coach Pfiz or Coach Stover.

BOYS' SWIM & DIVE

Coach: Jordan Metz



Tryouts: Monday, Nov. 15 - Friday, Nov. 19

Swim Practice Location: Garrett Natatorium (Washburn Univ.)
Dive Practice Location: Hummer Natatorium

*School Transportation will be provided to WU & Hummer. Students will load the bus in the **LIBRARY PARKING LOT** promptly at **3:00 PM**. Students will need their Student IDs.*

BOYS WRESTLING

Coach: Josh Hogan
hoganjos@usd437.net
(785)213-0412 (text is best)

Alpha Weigh-ins:

Monday, November 8 (Gym A) 3:05-4:15 - Mandatory
Wednesday, November 10 (Gym A) 3:05-4:15 - Any who did not pass on Monday.

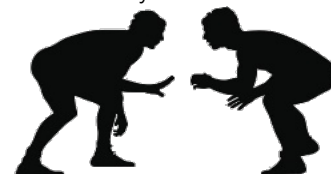
First Day of Practice:

Monday, November 15th

Practice Times:

In Mat room from 3:15-4:55pm
Early Release Days 2:30-4:10pm

Parent Meeting:



GIRLS WRESTLING

Coach: Damon Parker
parkedam@usd437.net
(785) 341-7840

Alpha Weigh-ins:

Tuesday, November 9 (Gym A) 3:05-4:15 - Mandatory
Thursday, November 11 (Gym A) 3:05-4:15 - Any who did not pass on Tuesday

First Day of Practice:

Monday, November 15th

Practice Times:

Monday - Friday, 5:20-7:00pm

Mandatory Parent Meeting:

Tuesday, November 9 at 7:00pm - WRHS Auditorium

