

HOUSEHOLD CONTACTS

Recommend quarantine for 14 days after the case has been released from home isolation (because exposure is considered ongoing within the house)**.

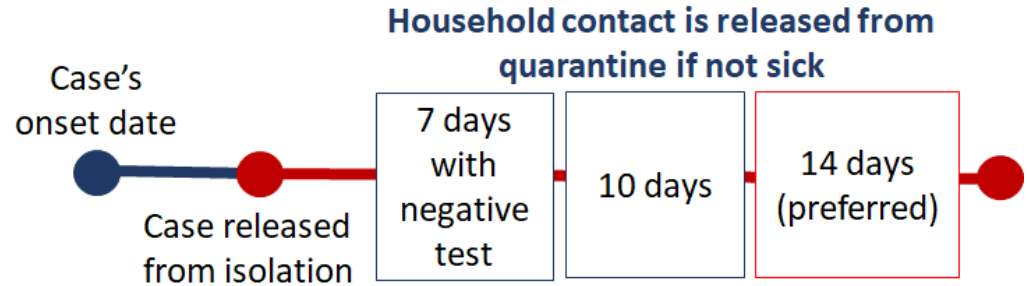
If you are not able to stay home for 14 additional days and you do not have symptoms, you may leave home earlier:

- After 10 days without testing; or
- After 7 days with a negative PCR test performed on or after day 6 (must remain in quarantine until results are received)

This means that household contacts may need to remain at home longer than the case.

Examples:

- A case that started to feel well 7 days after onset required isolation until day 10;
 - Household contact that is symptom free must remain quarantined through day 24 (returning to regular activities on day 25) **OR**
 - Household contact that is symptom free must remain quarantined through day 20 without testing (returning to regular activities on day 21) **OR**
 - Household contact that is symptom free must remain quarantined through day 17 if a PCR test was performed on or after day 16 and was negative (returning to regular activities on day 18)
- A case that started to feel well 14 days after onset required isolation through day 16;
 - Household contact that is symptom free must remain quarantined through day 30 (returning to regular activities on day 31) **OR**
 - Household contact that is symptom free must remain quarantined through day 26 without testing (returning to regular activities on day 27) **OR**
 - Household contact that is symptom free must remain quarantined through day 23 if a PCR test was performed on or after day 22 and was negative (returning to regular activities on day 24)



**** If you are able to have complete separation from the person in your house with COVID-19 (this means no contact, no time together in the same room, no sharing of any spaces, such as the same bedroom or bathroom), then follow the time frame for non-household contacts.**

NON-HOUSEHOLD CONTACTS

Recommend quarantine for 14 days after the date of last exposure with the person infected with COVID-19.

If you are not able to stay home for 14 additional days and you do not have symptoms, you may leave home earlier:

- After 10 days without testing; or
- After 7 days with a negative PCR test performed on or after day 6 (must remain in quarantine until results are received).

