



INFORMATION FOR DIABETES MANAGEMENT AT SCHOOL

Dear Parent,
Since you have shared with us that your child has diabetes, completion of the following will help us form a plan of care for school. We want to ensure effective treatment delivery and safety for your child while at school.

Shuler Education Center

5928 SW 53rd Street
Topeka, KS 66610-9451
785.339.4000
785.339.4025 fax

www.usd437.net

Dr. Brenda S. Dietrich
Superintendent

Dr. Ann L. Matthews
Executive Director
Teaching & Learning

Bruce Petersen
Executive Director
Human Resources
& Operations

Bruce Stiles, CPA
Director of Business
Services

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_
Parent/Guardian: \_\_\_\_\_
Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_
Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Insulin Administration:

\_\_\_\_\_ Syringe and Insulin Vial Brand name: \_\_\_\_\_
\_\_\_\_\_ Insulin Pen \_\_\_\_\_ Insulin Pump Other: \_\_\_\_\_

Insulin: AM \_\_\_\_\_ Lunch \_\_\_\_\_
(Time-Type-Amount) (Time-Type-Amount)
Dinner \_\_\_\_\_ Bedtime \_\_\_\_\_
(Time-Type-Amount) (Time-Type-Amount)

Will student require assistance with insulin administration? \_\_\_ yes \_\_\_ no
If so, please note what type of assistance is needed.

For Students With Insulin Pumps:

Type of pump: \_\_\_\_\_ Basal rates: \_\_\_\_\_
Type of insulin in pump: \_\_\_\_\_
Type of infusion set: \_\_\_\_\_
Insulin/carbohydrate ratio: \_\_\_\_\_ Correction factor: \_\_\_\_\_

Table with 2 columns: Student Pump Abilities/Skills, Needs Assistance. Rows include: Count carbohydrates, Bolus correct amount for carbohydrates consumed, Calculate and administer corrective bolus, Calculate and set temporary basal rate, Disconnect pump, Reconnect pump at infusion set, Prepare reservoir and tubing, Insert infusion set, Troubleshoot alarms and malfunctions.

For Students Taking Oral Diabetes Medications

Type of medication: \_\_\_\_\_ Time: \_\_\_\_\_
Other medications: \_\_\_\_\_ Time: \_\_\_\_\_

Blood Glucose Testing:

Will student require routine glucose monitoring at school? \_\_\_ yes \_\_\_ no
Will student require assistance with routine glucose monitoring? \_\_\_ yes \_\_\_ no
If so, please note what type of assistance is needed. \_\_\_\_\_
Time of day blood glucose should be routinely checked: \_\_\_\_\_
Type of glucometer: \_\_\_\_\_
Does student check urine for glucose? \_\_\_ yes \_\_\_ no



**Insulin Dose Determined By:**

Insulin-to-carbohydrate ratio: \_\_\_\_\_ unit(s) of \_\_\_\_\_ insulin per 1 carbohydrate (15gms.)

Additional instructions: \_\_\_\_\_

**Sliding Scale** for blood sugars greater than 240mg/dl

Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ units

Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ units

**Correction Calculation:** \_\_\_\_\_

**Dietary Needs:**

\_\_\_\_\_ Carbohydrate Counting Meal Plan

\_\_\_\_\_ A.M. snack consisting of \_\_\_\_\_ carbohydrates

\_\_\_\_\_ Lunch consisting of \_\_\_\_\_ carbohydrates

\_\_\_\_\_ P.M. snack consisting of \_\_\_\_\_ carbohydrates

\_\_\_\_\_ Does not follow any set meal plan. Counts carbohydrates and uses Insulin-to-carbohydrate ratio.

\_\_\_\_\_ Needs snack before or after P.E.

**Physical Education:** Scheduled at: \_\_\_\_\_ Snack before? \_\_\_yes \_\_\_no

(Parent will provide snacks for the student.)

Student will not participate in sports if ketones are present.

**Hypoglycemia ( Low Blood Sugar)**

Usual symptoms: \_\_\_\_\_

Treatment: \_\_\_\_\_

Should Glucagon be given if the student becomes unconscious? \_\_\_\_\_

Site for injection \_\_\_\_\_ CALL 911 and notify parents immediately.

**Hyperglycemia (High Blood Sugar)**

Usual symptoms \_\_\_\_\_

Treatment \_\_\_\_\_

Should the student's urine be checked for ketones when the blood glucose levels are above \_\_\_\_\_ mg/dl.?

Treatment for ketones \_\_\_\_\_

**Supplies to be kept at school**

\_\_\_\_\_ Lancet device, lancets, etc.

\_\_\_\_\_ Insulin pump and supplies

\_\_\_\_\_ Urine ketone strips

\_\_\_\_\_ Insulin pen, pen needles, insulin cartridges

\_\_\_\_\_ Insulin vials and syringes

\_\_\_\_\_ Fast acting source of glucose

\_\_\_\_\_ Glucagon emergency kit

\_\_\_\_\_ Carbohydrate containing snack

\_\_\_\_\_ Blood glucose meter, blood glucose test strips, batteries for meter

**Signatures**

**This Diabetes Medical Management Plan has been approved by:**

\_\_\_\_\_  
Student's Physician/Health Care Provider

\_\_\_\_\_  
Date

I give permission to the school nurse, trained diabetes personnel and other designated staff members of \_\_\_\_\_ School to perform and carry out the diabetes care tasks as outlined by \_\_\_\_\_'s Diabetes Medical Management Plan.

I also consent to the release of the information contained in this Plan to all staff members who have custodial care of my child and who may need to know this information to maintain my child's health and safety.

**Acknowledged and received by:**

\_\_\_\_\_  
Student's Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student's Parent/Guardian

\_\_\_\_\_  
Date