

Feature: Sources of Strength

PHYSICAL HEALTH	POSITIVE FRIENDS
SPIRMUMIN	MENTINS HEALTH ACTUMES

May 2021

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Washburn Rural High School provides a progressive environment of world-class academics, athletics, and activities to foster all students' desires to learn and achieve through open discussion and self-discovery. As educators in pursuit of student success, we continually enhance our skills and knowledge so we may offer the most relevant, effective curriculum in order to achieve our vision.

Produced by: Business Communications

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Sponsor: Brian McFall

From the Desk of Our Principal



Greetings!

Well, here we are at the end of the school year – and what a year it has been!

For those of you that have been following the life of our school, you know of our academic, athletic and extracurricular successes this year. We are the 2020-2021 Centennial League Champions in Boys' Soccer, Boys' Swim and Dive, Boys' Wrestling, and Girls' Wrestling; we are the State Champions in 4-Speaker Debate, Cheer, Boys' Wrestling and Girls' Wrestling; we are Regional Champions in Boys' Soccer, Boys' Wrestling, Girls' Wrestling, Boys' Bowling,

and Girls' Bowling; we are the Sub-State Champions in Volleyball; we are the City Champs in Boys' Swim and Dive, Boys' Cross Country, Girls' Cross Country, and Girls' Golf. Our spring sports are in full swing and doing quite well!

Our extra-curricular and co-curricular programs continue to flourish. Plans are currently being made for our Band to travel back to Orlando next year. The Theater and Drama Department presented our spring play, PUFFS! It was one of the best productions I have seen while at WRHS. That it occurred in a pandemic year, with restrictions aplenty, is a testament to the commitment of our students and staff. On that stage were seventeen exceptionally talented kids who exemplified perseverance, resilience, dedication, and promise. Equally worthy of praise were the students charged with the technical aspects of the production such as sound and lighting - exceptional work!

A couple of building renovations will be underway shortly. We are expanding and remolding our Nursing Clinic which will provide a higher level of service and responsiveness to our students. Our Science rooms will also see several changes starting mid-May. As our programming continues to grow, we look for creative ways to use the space we have.

Of course, this time of year also brings a great sense of excitement and anticipation for the upcoming summer months. In the past, some of this excitement has been shown in ways that reflected poorly on our school – most notably the graffiti that occasionally appears on road signs, streets and the personal property of homeowners in the district. It is disheartening to receive calls from the community when this occurs – particularly from the elderly, many of whom are not physically able to remove the graffiti themselves. If we all communicate the impact that such behavior has on our community, I am sure we can collectively address this concern in an effective manner!

On behalf of the staff at WRHS, I would like to wish you the best of summers! It has been an honor and pleasure working with you throughout this uniquely challenging year.

Best.

Ed Raines, Principal raineedw@usd437.net

View Our Story: http://wrhs.usd437.net/videos/Our_Story/Our_Story.html



Counseling Office

Senior Final Transcripts

All seniors who plan to attend college need to request a final high school transcript. Without this document, students will not be able to enroll. Students should login to the account they created at www.parchment.com. Place the order and select HOLD FOR GRADES. When the final transcript is available in June, our registrar will send the document to the attending college.

WRHS Counseling Website

The WRHS Counseling Website at https://sites.google.com/usd437.net/ includes a variety of useful resources. We encourage families to explore the site thoroughly. Topics include: academic planning, academic testing, career exploration, financial aid, NCAA/NAIA, post-secondary planning, scholarships, social emotional, study skills, Topeka community resources, and more.

College Visits

As you start to make summer plans, we encourage families to visit college campuses including technical, community, adn 4 year. This experience can help students set goals, make decisions, and understand the application process. Advice on planning a college visit can be found at: https://bigfuture.collegeboard.org/find-colleges/campus-visit-guide.

Summer 2021 College Entrance Exams

While many colleges will not require the SAT or ACT for admission for the Class of 2022, several will still award scholarships based on the results.

ACT Registration: www.act.org, June 12 and July 17 SAT Registration: www.collegeboard.org, June 5

Preparation materials can be found at

https://sites.google.com/usd437.net/counselors/home/act-sat?authuser=0.

Schedules for 2021-22

Schedules for the 2021-22 school year will be available on Infinite Campus in mid-July. Counselors will be available during walk-in registration to assist students with changes. Counselors are not available during the summer and therefore, all requests need to be made during walk in registration.







WHEN YOU NEED TO TALK, 7 CUPS IS AVAILABLE 24/7. IT'S SAFE, CONFIDENTIAL & FREE.

AGES 13-17

TRAINED 7 CUPS LISTENERS WILL LEND HELP AND SUPPORT WHEN YOU'RE STRUGGLING WITH...

- ADHD
- ALCOHOL AND DRUG USE
- ANXIETY
- **BREAKUPS**
- BULLYING
- CUTTING AND SELF-HARM

- DEPRESSION
- EATING DISORDERS
- FAMILY OR RELATIONSHIP STRESS
- GRTFF
- LGBTQ+ ISSUES
- LONELINESS

SCAN THE QR CODE TO DOWNLOAD THE APP ENTER ORGANIZATION CODE: TALK

Underwritten by Security Benefit and Family Service & Guidance Center



THE DO'S AND DON'TS Talking to Teens About Vaping

Conversation Starters:

- · "Would it be okay if we talked about vaping?"
- · "Tell me what you know about vaping."
- · "Why do you vape?" AND "What do you not like about vaping?"
- · If providing factual information, ask, "What do you make of that?"
 - For example: "Youth who vape are more likely to go on and smoke cigarettes. What do you make of that?"



• Listen twice as much as you speak, use three reflections for every question.



- · Encourage an open dialogue.
- · Ask open-ended questions and reflect on those responses, make the teen feel heard.



- · Criticize or try to instill guilt.
- Turn the conversation into a lecture.
 - Focusing on facts is less effective and can lead to teens digging in their heels.
- Use scare tactics
- · Try to answer questions you don't know the answer to, look the answer up together!





TEEN VAPING: WHAT TO WATCH FOR

Today, teens are vaping and using e-cigarettes that do not have the familiar tobacco smell and may not have any odor at all. Here are some signs that may be side effects of vaping:

FINDING UNUSUAL OR UNFAMILIAR ITEMS:

Disposable or refillable pods that contain the e-juice (or vape juice) may be the most commonly-found item. However, many vaping devices may look like benign objects in disguise. JUUL achieved phenomenal success in part by designing its devices to resemble USB drives that can be hidden and charged in plain sight. Other manufacturers are now designing vape devices that resemble watches, pens, markers and other common objects.

BEHAVIORAL CHANGES, MOOD SWINGS, AGITATION:

Mood swings, agitation, impulsivity, secretiveness, memory loss, inability to concentrate and anxiety are some of the key changes you may see. This may be due to the effect of nicotine substantially diminishing the prefrontal cortex of a young brain, which largely governs emotional control, decision making and impulse regulation.

3 SHORTNESS OF BREATH:

If a child is an athlete and starts having trouble breathing during practices or games, it could be due to vaping.

4 POOR PERFORMANCE:

If a child's academic or athletic performance starts to decline, it could be due to nicotine-induced changes in the brain. Students who get caught vaping at school may be suspended or kicked off the team.

INCREASED THIRST AND NOSE BLEEDS:

Some types of e-liquids contain chemicals that dry out the mouth and nasal passages. This can heighten thirst and prompt more frequent nose bleeds.

MOUTH SORES, ABNORMAL COUGHING, THROAT-CLEARING:

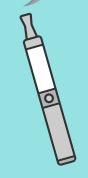
Vaping inflames mouth cells and oral tissue, which could lead to lesions, gum disease, tooth loss and other forms of oral decay. It can also irritate the throat, causing vapers to frequently cough or clear their throat.

7 STRANGE/SWEET ODORS:

One of the appeals of vaping is the "fun" flavors like mint, bubblegum, and chocolate. While certainly less pungent than cigarette smoke, the trace odors of vaping are still noticeable. The most popular flavors are sweet so you may notice an unusually sweet smell, although it goes away quickly.

8 VAPING LINGO:

Vaping has developed its own culture, with popular videos on YouTube and Twitter showing vape cloud tricks and slang. Keep an ear out for overheard conversations with coded phrases like "atty" for the device's atomizer and "sauce" in place of e-liquid or e-juice.





SOURCES OF STRENGTH



Follow Us @WRHS_Sources







SOURCES OF STRENGTH

Research has shown that long-term relational support is very effective in preventing young adults from becoming suicidal or acting on suicidal feelings and impulses. It is essential for adults working with students and young adults to develop caring relationships with them, especially those who report low levels of trust toward adults or have few connections to supportive adult relationships. As we move into this campaign, the students will reflect on whom they feel their trusted adult is in the building. Then they will make a custom trusted adult button to give to that person, to demonstrate their importance and value in the student's life, and that the adult is somebody to whom they and other students can turn when they have a problem.

Follow Us @WRHS_Sources







WHAT HELPS US CAMPAIGN

This campaign focuses on people's personal stories of what strengths help them when dealing with the big three emotions – anger, anxiety/worry, and depression or feeling sad or down. Everyone struggles with at least one of these emotions. This campaign is about identifying which emotions you wrestle with the most and which strengths help you through it.

As we moved into 1st semester, students posted on our social media about what has helped them get through difficult times. Students also worked together to create positive quotes to put on the bathroom mirrors. Students came up with ways to make a difference., such as a Spotify playlist with feel-good tunes.



TRUSTED ADULT CAMPAIGN



Research has shown that long-term relational support is very effective in preventing young adults from becoming suicidal or acting on suicidal feelings and impulses. It is essential for adults working with students and young adults to develop caring relationships with them. Then they will make a custom trusted adult button to give to that person, to demonstrate their importance and value in the student's life, and that the adult is somebody to whom they and other students can turn when they have a problem.



Do your summer plans include earning college credit?

Excel in CTE

Did you know high school students are eligible for tuition-free college credit in approved technical courses offered by Kansas technical and community colleges? Excel in CTE (formerly Senate Bill 155) enhances Career Technical Education in Kansas and better prepares high school students for college and careers by covering the cost of tuition for classes that will lead to high wage, high demand careers in Kansas.

Students can take advantage of Excel in CTE by enrolling in online or in-person college courses during the summer. <u>The Kansas Virtual College</u> is a collection of classes offered virtually. Under the "Courses" tab, select "YES" on the drop down menu for SB155 to see a list of tuition free courses.

Another way to find approved courses and programs is the <u>Program Search</u> tool created by the Kansas Board of Regents. Interested students should begin by applying for admission to the college of their choice.

WRHS students have the option to attend Washburn Institute of Technology during the school day in the fall and spring semesters of their junior and/or senior year. Courses completed at Washburn Tech count as both college credit and elective credit at WRHS. Washburn Tech offers programs that range from business to welding, and many in between. Visit <u>Washburn Tech</u> for a full list of career programs.

College credit for High School Pathway Courses

Statewide Articulation Agreements may be utilized by any Kansas high school student who has successfully completed their high school approved CTE pathway and who meets the requirements set forth in the agreement with a specific college or university. Upon choosing a college or university, students should visit with their college advisor or registrar for instruction on how to receive advanced placement credit, transcript credit, tuition waivers, and/or scholarships.

Explore WRHS Career Pathways @ wrhs.net/CTE

Career Technical Education (CTE) gives you the opportunity to explore careers and acquire real-world skills while learning the academic content you need for your future. WRHS offers 14 Career Pathways with Introductory, Technical and Application level courses. Work-based Learning is an Application level course in which a student earns credit for paid or unpaid internships.

Work-based Learning offers students the chance to expand their classroom learning, explore future career fields and demonstrate their skills in an authentic, real-world setting. Work-based learning also offers opportunities to learn and apply employability and technical skills that support success in careers and education after high school and can result in recognized postsecondary credentials. Work-based learning provides a social and professional network that they can use later in their career.

Visit <u>wrhs.net/CTE</u> for resources on exploring your interests, opportunities, and next steps toward a fulfilling career.

If you have questions about how your student can become more involved in CTE contact Teresa Golden, CTE Career Coordinator at <a href="mailto:solden.golden.

MONEY AS YOUGROW



20 THINGS KIDS NEED TO KNOW TO LIVE FINANCIALLY SMART LIVES



You need to MAKE
CHOICES about how
to spend your money.

6

It's good to shop around and **COMPARE PRICES** before you buy.

7

It can be costly and DANGEROUS TO SHARE INFORMATION online.

8

Putting your money in a savings account will **PROTECT** it and pay you interest.

You should **SAVE AT LEAST A DIME** for every dollar you receive.

10

Entering personal information, like a bank or credit card number, online is risky because SOMEONE COULD STEAL IT.

11

The sooner you save, the FASTER YOUR MONEY CAN GROW from compound interest

12

USING A CREDIT CARD IS LIKE TAKING OUT A LOAN; if you don't pay your bill in full every month, you'll be charged interest and owe more than you originally spent. 13

When **COMPARING COLLEGES**, be sure to consider how much each school would cost you.

14

You should **AVOID USING CREDIT CARDS** to buy things you can't afford to pay for with cash.

15

Your first paycheck may seem smaller than expected since MONEY IS TAKEN OUT FOR TAXES.

16

A great place to **SAVE AND INVEST MONEY**you earn is in a Roth IRA.

17

You should use a credit card only if you can PAY OFF THE MONEY OWED IN FULL each month.

18

You need HEALTH INSURANCE.

19

It's important to save at least three months' worth of living expenses IN CASE OF AN EMERGENCY.

20

When investing, consider THE RISKS AND THE ANNUAL EXPENSES.



YOU NEED MONE to buy things.

You earn money by **WORKING**.

You may have to WAIT BEFORE YOU CAN BUY something you want.

There's a difference between **THINGS YOU WANT** and things you need.

20 THINGS KIDS NEED TO KNOW TO LIVE FINANCIALLY SMART LIVES

6-10 YEARS

- 5 You need to MAKE CHOICES about how to spend your money.
 - Include your child in some of your small decisions. For example, at the grocery store, explain why you pick one item over another.

 Give your child two dollars and let her choose which fruit to buy When shopping with your child, ask yourself aloud: Do I need this item? Can I borrow it?
 Would it cost less somewhere else?
- It's good to shop around and COMPARE PRICES before you buy.
 - With your child, compare prices for a particular toy at various online or brick-and-mortar stores. Use coupons and discount cards, and show your child how much you are saving.
 Consider allowing her to keep part of the savings, if she helps clip or print out coupons.
- It can be costly and DANGEROUS TO SHARE INFORMATION online.

 Know the websites your child visits.
 Decide which websites are appropriate, and block any
inappropriate sites using parental control software.
 Make it a rule that your child never gives out any
personal information—like her birthdate, address, phone number, or school—when on the computer. Don't allow her to buy anything online without your permission.

Putting your money in a savings account will PROTECT it and pay you interest.

• Visit a nearby federally insured bank or credit union with your child. • Ask about the interest rate on a savings account. • Discuss with your child how money in savings accounts is protected by federal insurance. If the bank goes out of business, she will get her money back Open a savings account for your child.

YEARS

- 1 YOU NEED MONEY to buy things.
 - tify coins and their value. Discuss how you may value something that is free, such as ntify items that cost money, such as ice cream, gas for the car, or clothes playing with a friend, . Id
 - You earn money by WORKING.
 - Describe your job to your child. Walk through your neighborhood or town and point out people working, like the bus driver or the police officer. Explain that some people start their own businesses, like clothing stores or restaurants, and those people are called entrepreneurs. Encourage your child to think about how she could earn money by setting up a lemonade or cookie stand.
- You may have to WAIT BEFORE YOU CAN BUY something you want.
- When your child is standing in line for a turn on the swings, or looking forward to her favorite holiday, point out that sometimes we have to wait for things we want. Find three jars (or cans) and label one for saving, one for spending, and one for sharing. Suggest that your child put some of the money she gets into the saving jar, so she can buy a toy or treat when she has saved enough.
- There's a difference between THINGS YOU WANT and things you need.
- en you are out shopping, point out essentials such as food and clothing, and ask your child to e Braw a circle and divide it into sections for food, rent or house payments, clothes, and "optional of a circle and divide it into sections for food, rent or house payments, clothes, and "optional of a circle and divide it into sections for food, rent or house payments, clothes, and "optional" items," to show that there is a finite amount of money to spend.

11-13 YEARS

- 9 You should SAVE AT LEAST A DIME for every dollar you receive.
 - Encourage your child to always save 10% of the money he gets. Have your child set a goal to buy Something he wants, and have him work toward that amount. Or or leinforce the savings habit, go to the bank two to three times a year with your child to deposit savings into his account, and look at how much bigger the balance is on each visit. Oconsider a "matching plan" for your child's savings: You put in 25 cents for every dollar he saves.
- Entering personal information, like a bank or credit card number, online is risky because **SOMEONE COULD STEAL IT**.
 - Discuss the dangers of entering personal information online. Explain that thieves can use • Cocking Security unimbers or other personal information to open credit cards or create fake documen
 • Explain that "free" offers online, such as cell phone ringtones or games, are scams to get people to spend money without realizing it. • Make it a rule that your child never answers emails from someone he doesn't know and never clicks on pop-up ads. • Go to ftc.gov/idtheft for tips on
- The sooner you save, the FASTER YOUR MONEY CAN GROW from compound interest.
 - Compound interest is when you earn interest on both the money you save and the interest you earn. Show your child the following: If he sets aside \$100 every year starting at age 14, he'd have about \$23,000 at age 65. However, if he begins saving at age 35 he/d have about \$7,000 at age 65. Assume the account earns 5% every year. • To compute compound interest, use the calculators at investor.gov. • Discuss how much your child can save. What will he have to give up? Is it worth it?
- USING A CREDIT CARD IS LIKE TAKING OUT A LOAN; if you don't pay your bill in full every month, you'll be charged interest and owe more than you originally spent.
- Discuss why you should not use a credit card to buy something that you can't afford to pay for with
 cash. *Look at credit card offers online with your child, and compare the interest rates. *Using the
 Credit Card Repayment Calculator at federalreserve.gov, see how long it could take to repay a \$1,000 credit card debt by making the minimum monthly payments. • Discuss how a credit card can be useful for making purchases online, or as a convenience

4-18 YEARS

- When COMPARING COLLEGES, be sure to consider how much each school would cost you.
 - Point out that college grads earn almost twice as much as people who did not go to college
 - Obscuss how much you can contribute to your child's college tuition and expenses each year.
 Compare college costs, graduation rates, loan default rates, average monthly loan payments, and employment prospects by using the "College Scorecard" at collegecost.ed.gov/scorecard.
 - See what schools cost by finding the "net price calculator" on their websites; know that most families don't pay the tuition sticker price. Use the Consumer Financial Protection Bureau's Paying for College tool to compare financial all offers at consumerfinance.gov. To estimate your financial aid, when the FAFSA4caster tool at fafsa.ed.gov. Go to studentaid.ed.gov to research additional loans, scholarsh and grants, and use the calculators to estimate your monthly loan payments.
- You should AVOID USING CREDIT CARDS to buy things you can't afford to pay for with cash.
- With your child, fill out the Income and Expenses budgeting worksheet available at mymoney.g
 Discuss why having a savings and spending plan in place could help him avoid using credit cards.
 Drive home this rule: When you use a credit card, aim to pay it back in full each month; otherwis could be charged high interest. • Using the Credit Card Renayment Calculator at federal reserve. e how long it could take to repay a \$1,000 credit card debt by making the minimum monthly pay
- Your first paycheck may seem smaller than expected since MONEY IS TAKEN OUT FOR TAXES.

Discuss the difference between gross pay (before taxes are taken out) and net pay (the amount you ake home). • Explain that the W-4 form, which you fill out when starting a job, determines the amo of taxes taken out of a paycheck. • Explain that tax brackets vary depending on how much you earn in 2012, single people who earn 86,700 or less per year pay a tax rate of 10%, for example, and those who earn between 58,700 and \$35,350 pay 15%,) • Discuss what taxes pay for, including schools, ro ntenance, and medical help for the elderly. • Once your child has a steady job, help him set omatic savings program so that at least 10% of earnings goes directly into his savings account

- 16 A great place to SAVE AND INVEST MONEY you earn is in a Roth IRA.
 - If your child has a job, encourage him to open a Roth IRA (Individual Retirement Account).
 Explain that a Roth IRA allows the interest you earn to grow tax-free for life.
 Experiment with different amounts of savings and interest rates. Use a compound interest calculator at investor.go • Use the "Rule of 72" to estimate how many years it would take to double your money. If you inves in an account that earns 8% interest, you'll double your money in nine years (72 divided by 8 is 9).

 Explain to your child that once he starts a job, he may be offered a similar account at work called a 401(k). Some employers even provide matching contributions.

18十 YEARS

- You should use a credit card only if you can PAY OFF THE MONEY OWED IN FULL each month.
 - Understand that when a parent cosigns, any late payments you make will also affect their credit • Great statut unit when a parent cosquis, any tare payments you make with asta affect their better history, • Paying bills late can burst your credit history and affect your chances of getting a job.
 • Get free credit reports once a year at annualcreditreport.gov. • Look for a credit card with a low interest rate and no annual fee. • There may be an emergency expense that you can't pay off immediately and need to charge. That's why it's important not to charge everyday items. • To learn more about the credit card rules, go to federalreserve.gov.
- 18 You need HEALTH INSURANCE.
 - Comparison shop for insurance like you would for any other product. If your parents have health insurance, see if you can stay on their policy—with some exceptions, you are entitled to, by law, until you turn 26. • Get more information about the health insurance available to you at healthcare.gov Purchase renter's insurance if you lease an apartment, and auto insurance if you own, lease
- It's important to save at least three months' worth of living expenses IN CASE OF AN EMERGENCY.
 - Make a list of your expenses (rent, bills, food) to see how much you spend each month; this will help you estimate how much you'll need to save for three months' worth of expenses. • Store the money in a safe place, like a federally insured bank or credit union. • If you're able to, try saving six to nine months' worth of living expenses, instead of only three. • Don't stop once you've built your emergency fund; try to automate your savings so you stash away 10% of your earnings.
- When investing, consider THE RISKS AND THE ANNUAL EXPENSES.
- Invest in an IRA or a 401(k) as soon as you have some income. Putting all your eggs in one basket in be a risky way to invest; consider a diverse mix of stocks, bonds, and cash. Compare mutual ind costs: An "annual expense ratio" of 1.5% instead of 0.5% on a \$1,000 investment could cost almost \$2,000 over the course of 35 years, • Ask about index funds, which tend to have low a fees. • Think about your goals. Attending college? Buying a home in 10 years? Purchasing in five? Define two financial goals for the long-term future, and make a plan to achieve • For more information go to investor.gov.



CHECK OUT OUR WEBSITE

SENIOR SPOTLIGHT

Izzy Entz



Christina Burdett



Years of Experience in The Shack 1

Favorite Memory Being Apart of The Shack?

"My favorite part of being in the shack is being around the other members" "My favorite part about being in the Shack is the people I get to work with everyday and getting to create new merchandise for the school!"

Senior & Junior Women













Pre order now at the Shack



https://ruralspirit.square.site/



Washburn Rural High School Summer Reading 2021 http://library.usd437.net

5900 SW 61st Street Topeka, KS 66619 785-339-4197

Take advantage of your high school library! Check out books for summer.

- Visit the library website [http://library.usd437.net], select WRHS then login (upper right) to connect with Google and search for materials to place holds.
- Parental approval is needed for summer checkout. (Please review the information below.)
- Students may borrow up to 15 items for summer.
- Email a librarian if you have technical difficulties or would like holds to be placed for you.
- Students not returning to WRHS, for whatever reason, are not to participate.

<u>CHECKOUT LIBRARY BOOKS for Summer</u>: **Monday, May 24 - Wednesday, May 26** before or after school, or during study period with a signed pass from your teacher.

- Students may exchange books for new titles during the summer. The library will be open Wednesday, June 30th and Wednesday, July 21st from 1 pm to 3 pm.
- All materials are due back during the first week of school in August.

If you have questions, speak with a librarian:

Marcy Sandberg sandbmar@usd437.net 785-339-4197

Victoria Finney finnevic@usd437.net 785-339-4261

Parent phone number: ______

Tag us on social media @wrhslib with #warureads!



Connect with us @wrhslib for:

- technology support
- homework help
- reading recommendations
- area job openings
- school activities and more











WRHS Library Summer Checkout Response	onsibility Agreement - Parent/Guardian Signatu	re Form
	has permission to borrow ol Library for the summer. These books are to ret ol, August 16-20, 2021.	
	•	
Parent Signature:		

Washburn Rural High School

Which Chromebook is MINE?

Visit WRHS Library website

http://library.usd437.net

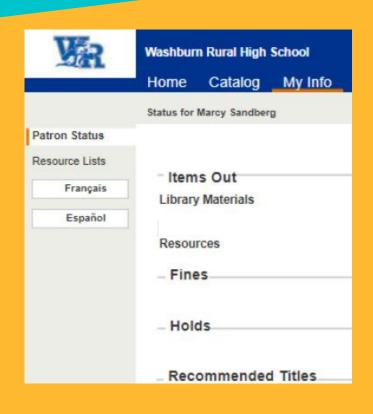
Select Washburn Rural High School

Login

Sign in with Google

My Info

- Library Materials
- Resources
 - chromebooks
 - textbooks
 - novels
 - calculators



BUY YOUR YEARBOOK LIKE, NOW

YEARBOOKS ON SALE ORDER TODAY

YEARBOOKORDERCENTER.COM

Keep your order number handy when you log on

Washburn Rural High School

33333



for supporting the 2021 Year Ook

GOLD LEVEL SUPPORTERS

Higgins Stone
Bobo's Drive-In
Create Hair Studio
El Dorado Mexican Grille & Cantina
Pert Home Team
RJ's Painting & More, LLC

BLUE LEVEL SUPPORTERS

Banjo's Cafe Cassidy Orthodontics Core First Bank & Trust Figgs & Associates, American Family Insurance Nexus Photography Tony's Jewelry & Repair

WRHS PTO/BLUES BACKERS

2020-2021

WHO ARE WE?

❖ PTO/BLUES BACKERS ARE PARENTS, FAMILY, FRIENDS AND TEACHERS WHO TAKE PRIDE IN WRHS BY HELPING TO FUND THE NEEDS OF OUR SCHOOL.

HOW TO SUPPORT WRHS & BECOME INVOLVED?

- MEMBERSHIP DUES SUPPORT ACTIVITIES FOR ALL STUDENTS BY FUNDING TEACHER AND SPONSOR REQUESTS.
- SUPPORTERS' NAMES WILL BE LISTED IN THE WRHS NEWSLETTER AND ON THE BLUES BACKERS/PTO PAGE! BECOME A MEMBER TODAY AT:

HTTPS://USD437.NET/SCHOOLS/WRHS/PTO/MEMBERSHIP-FORM.HTML

MEMBERSHIP LEVELS

JUNIOR MEMBERSHIP - \$10/FAMILY BLUES MEMBERSHIP - \$25/FAMILY BACKER MEMBERSHIP - \$50/FAMILY

- * VOLUNTEER ON-GOING AND ONE-TIME OPPORTUNITIES TO GET INVOLVED!! VOLUNTEERS ARE NEEDED IN A VARIETY OF AREAS!
 - * ORGANIZE CONCESSIONS
 - * APPRECIATE SCHOOL STAFF
 - * POST-PROM
 - ♦ HOSPITALITY
- ATTEND PTO MEETINGS MEETINGS ARE HELD ON THE FIRST WEDNESDAY OF EVERY MONTH. LEARN MORE AT:

HTTP://USD437.NET/SCHOOLS/WR.HS/PTO/



We still have a few board positions available for the 2021-2022 school year.

If you are interested in attending our summer social to learn more about the opportunities PTO has to offer, please email Jenny Lang at jenlang4@gmail.com and request to be added to the list. We hope to see many new faces there!

The Blues Backers and WRHS PTO want to say **CONGRATULATIONS** to the Class of 2021 and best of luck with whatever is next. We are proud of you!



FOLLOW US ON FACEBOOK!

@WRHSBluesBackers

CURRENT BLUES BACKERS:

Ty and Marcie Frederickson Brian and Danielle Casebeer Brian and Jenny Lang Charlie and Misty Nimz Brad and Liesel Fink Shawn and Bobbi Silver Jen and Todd VandeVelde Chantelle Haas Robbie and Erinn Bradstreet Jenni and Danny Howard Penny Lane Angie and Brad Rea Jim and Kellee Tinsley Anissa Engel

Craig Colboch and Torri Morris Colboch

Brian and Michele Brady

Casey and Carrie Stead
Mike and Heather Martinez
Marcy Steflik
Jessica and Jason Lehnherr
Brad and Debbie Reiff
Josh and Lindsay Whitmore

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Support your student and school by becoming a WRHS Blues Backer member for as little as \$10. Scan the QR code with your phone to join today!

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You can browse items available for sale thorugh our WRHS student store, The Shack. https://ruralspirit.square.site/pto

Contact our Merchandise Co-Chairs for more information.

PTO and the Blues Backers would like to recognize all the seniors that participated in spring activities. We are BACKING you and we are PROUD of you!

BASEBALI	_ SENIORS
Alexander	Blum
Davan	Brady
Cooper	Carlgren
Andre	Chavez
Alexander	Haag
Hunter	Jones
Brady	Patterson
Tate	Schoffelman
Tucker	Simpson
Anthony	Taggart
Hunter	Vondemkamp
Kade	Walker
Nick	Brady, Manager
Laura	Carrillo, Manager

BOYS' GOLF SENIORS	
Landon Bradstreet	
Tyler Higgins	
Reid Hughes	
Cole Kucera	
Nibandh Kulkarni	

GIRLS' SOCCER SENIORS	
Isabel	Entz
Brynn	Fitzgibbons
Joy	Ngibuini
Riley	Palmer
Ethan	Hensyel, Manager
Alex	Mapes, Manager

SOFTBALL SENIORS	
Olivia Bruno	
Christina Burdett	
Kayden Smith	

GIRLS' SWIMMING & DIVING SENIORS
Ellie Armstrong
Aubrey Fritsch
Grace Haines
Etta Hall
Jessicafaith Ndungu
Taylor Romanchek
Nathan Gomez, Manager

SPRING SENIORS -2021-

BOYS' TENNIS SENIORS	
Ethan Lane	
Nicolas Navarro	
Aryamann Zutshi	

TRACK & FIE	ELD SENIORS
	Aguilar
Christian	
	Alaras
	Anderson
	Ashwill
	Bray
	Christensen
Alivia	Cook
Sho	Glashausser
Joel	Goering
Kylie	Harsha
Damien	Huggins
Mia	Jones
Augustine	Meier
Michael	Mercer
Jacob	Mitchell
Benjamin	Mulegwa
Joshua	Omitt
Braden	Reelfs
Marquel	Russell
Clara	Salmans
Samuel	Shonka
Rebekah	Smith
Ethan	VanSickle
	Wagner
Arrik	White
Ashleigh	
Kamri	Younger, Manager