

Auburn Washburn Early Childhood



Monthly Newsletter
November 13th, 2023



10 IDEAS FOR CONNECTING WITH YOUR KIDS

- Make a date. Set a weekly date with each child, so you are ensured some alone time with them.
- Read with them. Reread the same book throughout the week.
- Talk to them throughout your day, narrating what you are doing
- Play "Highs and lows". At the dinner table take turns sharing the highs ("roses") and lows ("thorns") from the day.
- Work on a goal or project together
- Get down on the floor and play with them. Children thrive in the context of attention and adult interest and engagement. Stack blocks, color on paper, use sidewalk chalk together outside to create hopscotch. The possibilities are endless!
- Talk to them in the car. Ask about the things they like and the things they dislike.
- Have a Family Day! Build a blanket fort together, play a game of kickball outside together, go on a nature walk at the park or around the block.
- Have a family meeting weekly where you talk about what is coming up in the week ahead, decide family member responsibilities, plan a fun and inexpensive family activity
- Build in some snuggle time with your child. Sometimes a little snuggle connection in the morning can help with the challenge of getting up, getting dressed and getting ready for the day. Think about the idea of "fill first" (with a connector), then make your request.

Excerpted from Zenhabits.net

"Relationships are the agents of change and the most powerful therapy is human love."

-Bruce Perry

UPCOMING DATES

November 20-24

No School

December 6

No School

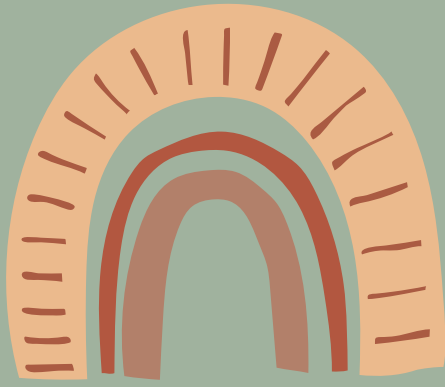
**December 21-
January 3**

No School

January 15

No School





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SUPPORTING YOUR CHILD'S LANGUAGE DEVELOPMENT

"Talk, talk, talk!" Talk about what you are doing and what your child is doing. Your child will learn to associate the words you say with the actions, objects and feelings you describe. Follow your child's lead and talk about objects, people, and activities that have captured her attention. Expose your child to a large number and variety of words. Even though children learn new words fast, it's still a good idea to repeat the same word frequently."

From Talking on the Go, by Dougherty and Paul

Visitors at Farley



COOLER WEATHER

As the weather gets cooler, please send seasonal change of clothing in a zip lock in your child's backpack for us to keep at school.

- ✓ Jacket and shoes appropriate for the season

ILLNESS POLICY

Just a gentle reminder for all families...

- When your child has had a fever, diarrhea, or thrown up, please keep them home for 24 hours from the onset of last symptoms.





Pauline Schools Food Pantry

Available to Any and USD 437 family

Thursday, December 7



Where: Pauline South Cafeteria

Time: 3:00-4:00 p.m. (appt. only) 785-339-4750

4:00-5:00 p.m.(open to any 437 family)

Food items will vary month to month.

Food options possible: Fresh produce, meat, eggs, bread,
canned goods, breakfast items



Food Banks /Pantries/Meals in Topeka- APRIL 2023

CLIENT TRACK Agencies; If you receive food from any one of these agencies there will be a 60 day waiting period until you can return to that same agency or any of the other Client Track agencies for food assistance. **Exception - Agency Discretion.**

Apostolic Church of Jesus Christ
2420 SE Bellview Ave. 266-7102
Pantry Open: 2nd and 4th Thursdays
From 4:00 p.m to 6 p.m.

Catholic Charities of NE Ks. (**APRICOT**) Picture ID Required
234 S. Kansas Ave. 233-6300 Can help client 1/month
Pantry open: 9:00 a.m. - 4:00 p.m. Monday, Tuesday & Thursday
12:00 p.m. - 4:00 p.m. Wednesday

Doorstep (**Client Track**) SS card for each person in the home
1119 SW 10th 357-5341
Tues, Wed & Thurs. 9 a.m. - 1:00 p.m. (clothing) by appointment only
(food) Intake over the phone; Mon, 10:00 a.m. - 1 p.m., Tues-Fri 9 a.m. - 1 p.m., pick up by 2 p.m.

Fellowship & Faith Ministry (**Client Track**) Picture ID for applicant & some form
708 SE Lime St. 354-7262 of ID for all other persons in home.
Tues-Fri 9 a.m. -12 p.m. / 1-3 p.m.

I Care (**Client Track**) Serving those living south of 6th St. &
2914 SE Michigan 267-5910 east of Kansas Ave.
Mon-Fri 8:30 a.m. - 11:30 a.m. Current piece of mail with date showing
TEFAP serving all of Shawnee Co. current address
SS Card for each person in household

Let's Help (**Client Track**) Picture ID
200 S Kansas 234-6208 SS card for each person in household
Food Boxes - Mon, Tues, Wed, & Thurs.
9:00 a.m. - 11 a.m. & 1:00 p.m. - 2:30 p.m.
Fri 9:00 a.m. - 11:00 a.m.

Salvation Army (**Client Track**) Picture ID
1320 SE 6th 233-9648
Pantry - Mon, Wed & Friday, 9 a.m. - 11:00 a.m. & 1:00 p.m. - 3:00 p.m. - Small amount of food,
enough for a couple of days.

STUCO PRESENTS

FARLEY FALL

FOOD DRIVE

WE WOULD LOVE YOUR HELP IN PROVIDING
FOOD TO DISTRICT FAMILIES IN NEED

WE ARE COLLECTING THE FOLLOWING ITEMS:

MAC & CHEESE
PASTA
PASTA SAUCE
RAMEN
BREAKFAST ITEMS
SOUP

TUNA
CRACKERS
PEANUT BUTTER
JELLY
BREAD
GRANOLA BARS

ITEMS WILL BE COLLECTED

NOVEMBER
7-30

ITEMS CAN BE PLACED
IN THE TOTES AT THE
END OF EACH HALLWAY

DONATIONS WILL BE GIVEN
TO THE USD 437 DISTRICT
WIDE FOOD PANTRY

THE GRADE LEVEL WITH THE MOST
DONATIONS WILL WIN AN EXTRA RECESS