

Volume 19 November 2022

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# **Principal's Note**

Dear Jay Shideler Families,

We are so excited to resume our Thanksgiving Luncheon this year on Wednesday, November 16<sup>th</sup>! This is a great opportunity to welcome families into our building to share a Thanksgiving meal with their student. Your child will be bringing home a reservation form to order tickets the first week of November. Due to the size of the event and the need to pre-order food, all guest reservations need to be turned in by November 11<sup>th</sup>. Guest tickets can be purchased for \$4.00 each. In order to feed such a large number of people, our lunch times will be slightly longer on this day. Please see each grade level time listed below:

Kindergarten	10:45-11:15
First Grade	11:15-11:45
Second Grade	11:45-12:15
Third Grade	12:15-12:45
Fourth Grade	12:45-1:15
Fifth Grade	1:15-1:45
Sixth Grade	1:45-2:15

### **School Calendar**

11/04 Pokemon Club, Library 3:45p 11/07 Board of Education, 6:30p **11/09** Early Release 11/09 PTO, Library, 6:30p 11/12 Chess Club Tourn., JSE 11/14-28 Book Fair 11/16 Thanksgiving Luncheon 11/19 Chess Club Tourn., Lawrence **11/21** Board of Education, 6:30p 11/23-25 No School 11/30 Picture Retakes **12/01** 5<sup>th</sup>/6<sup>th</sup> Grade Orchestra Concert, WRHS, 7:30p 12/02 Pokemon Club, Library 3:45p 12/05 Board of Education, 6:30p 12/07 Early Release

While you are in the building enjoying your Thanksgiving meal, feel free to stop by the library to check out the Scholastic Book Fair. Hope to see you there!

Sincerely,

Sandra Cromwell, Principal cromwsan@usd437.net



**The 5<sup>th</sup> and 6<sup>th</sup> grade orchestra concert** will be Thursday, December 1<sup>st</sup> at 7:30 p.m. The concert will be held in the Washburn Rural High School auditorium. Students should arrive by no later than 7 p.m. in order to get tuned and ready for the performance. Students should wear nice all-black attire for the concert.

We can't wait for you to hear the students play!



## Mrs. K's Counseling Corner

Dear Blue Jay Families,

As we head into the holiday season, I want to ask, "How are you?" The holidays are a time of celebration, but they can also be stressful. This is also the time of year when our kids can have more "big emotion" episodes, so as adults we have to be more vigilant about staying emotionally regulated.

I promise, lessons have been taught by all staff about "belly breathing, snake breathing, bear breathing, whale breathing" – and lots of other coping skills. The kids can tell you about them. They just can't always apply them in the heat of the moment. Emotional regulation becomes better the older we get. Our prefrontal cortex, the part of our brain that is in charge of our emotional regulation is not fully developed until about 25 years old. So, what is a parent to do?

First of all, remember that emotions in human beings – especially children are like ocean waves. They are up and down. We don't stay with one emotion all day. Tell your children that all their emotions are ok. We all have a right to the way we feel. Help them ride out those big waves. Ask them if they need a break or even a hug. If kids are angry and that amygdala hijack has happened, it may take at least 20 minutes for your child to be able to listen again. Have them go to a calm space and talk to them when they are able to use respectful words.

Second, be as consistent as you can. Set your expectations and decide "which hills you're going to die on." Be flexible when you can. Reteach your expectations when your child keeps crossing over that proverbial line.

Finally, frontload your child about an activity you are doing and what expectations you have. If you know your child is going to have a meltdown when they lose if you're playing a game, talk to them at the beginning of the game. Losing is part of life, and being a good sport is always in fashion.

Parents – take care of yourselves. You are important too. What are your coping skills? What do you need? Don't hesitate to reach out if you need something.

Glynis Kickhaefer, School Counselor <u>kickhgly@usd437.net</u> 785-339-4615

# **President's Pen**

The final numbers are in for our major fundraisers. The **Boosterthon Fun Run** and the **JSE Sock Hop** were both a huge success! The Fun Run raised \$41,000. This is amazing and exceeded our goal! And thanks to all of you, while the kids were having fun playing games, eating pizza, and dancing in the gym, the Sock Hop raised approximately \$22,000!

These events would not be possible without all of the parents, grandparents, JSE teachers/staff, and WRHS students that volunteered. Thank you so much for your time and hard work!

We also want to thank our generous Sock Hop sponsors: **Platinum Sponsors** Central National Bank Dance Factory Hyvee Keller Williams Realty, One Legacy Partners Landmark National Bank Lawyers Title of Kansas Papa Murphy's Rupp Urology Speedy Brakes Spin Pizza Stone and Story

### **Gold Sponsors**

Figuerres Family Hawks Family HTK Architects Klausman Family Reece Nichols, Carrie Rager Sam's Club

#### **Silver Sponsors**

Edward Jones-Matt Wurtz

Now that our major fundraising initiatives are complete, the JSE PTO budget committee will meet again in January and begin to review the funding requests. The committee consists of volunteer parents, teachers and Mrs. Cromwell. In addition to the approximate \$15,000 in PTO funding that is invested directly into JSE classrooms, the committee will review and select funding requests submitted by teachers and staff for special projects that the school district doesn't plan to fund in the near future.

The next **JSE PTO meeting** is Wednesday, Nov. 9th in the library. We encourage you to attend a meeting to learn more about the JSE PTO and get involved in the school.

We are excited that the district has brought back the **Thanksgiving Luncheon** this year. It will be held at Jay Shideler on Wednesday, Nov. 16th. This event will need a lot of volunteers to help serve the Thanksgiving meal Jay Shideler Elementary School November 2022 Page 3

to all of the students, parents, and grandparents. We will send out communication soon on how you can sign up to volunteer.

And finally, during November and December the JSE PTO would like to take this opportunity to reflect on how blessed it is to have strong family involvement. Without fail, JSE parents and grandparents step up to volunteer in our classrooms, to go on field trips, and to support school fundraisers. Your support of JSE enables the JSE PTO to invest in our classrooms, teachers and students. We couldn't do it without you! Thank you! I hope you all have a Happy Thanksgiving!

Lori Rupp, PTO President lori@ruppurology.com

## Library News from Mrs. Hall



#### Book Fair - November 14-17

We are excited to host our annual book fair in person this year November 14-17. Students will preview the fair during classes and it will be open for shopping during school hours 8:00-4:00.

We will be open for families to shop the fair <u>during the Thanksgiving lunch on</u> Wed., Nov. 16. Cash, check, and credit/debit cards are accepted.

The e-wallet is an option where you can set up an account, add money, and allow your student to shop at the fair. They will have access to the amount you choose to spend and will not be able to go over that amount. Check out our book fair website

for more information. https://www.scholastic.com/bf/jayshideler

### Monthly reading challenges

The Books & Bundts challenge continues monthly. Students can pick up their tracker during library classes, complete 400 minutes of reading and earn a free bundtlet from Nothing Bundt Cakes. We are proud of all the Blue Jays who continue to reach this goal!

We will also celebrate Picture Book Month in November. This means unlimited picture book check out during the month and a picture book challenge where K-2 students can "Read a Dozen and Earn a Donut." Information will be sent home during the first week of library classes in November.

Students in all grades completed research using PebbleGo and PebbleGo Next. These are great tools for research on nonfiction topics and links can be found on the JS website under <u>Research Resources</u>. Each class received a challenge to complete at home. They can bring their completed paper back to the library for a sweet treat and add to our collaborative Stick Together mystery picture. You can check out the <u>JS Library website</u> to view the catalog, complete 20 book challenge forms, and so much more!

Happy Reading! Mrs. Hall, Librarian