Volume 23 March 2023

js.usd437.net

4948 SW Wanamaker Rd

785-339-4600

# **Principal's Note**

Dear Jay Shideler Families,

Spring weather is here and we are quickly approaching the end of the third quarter. Beginning March 20, students in grades 3-6 will start taking their Kansas Assessment Program state testing. Pay close attention to communication from your child's teacher regarding the specific dates and times for their scheduled testing sessions. Our 5<sup>th</sup> grade students will start with Science and then grades 3-6 will move into Reading testing the following week. It is very important that your child attends school during their testing times, so please refrain from taking extended trips or vacations at these times.

As we look forward to spring activities, we are excited to welcome incoming kindergarteners during Kindergarten Roundup on Friday, April 14. Roundup is a great time for us to meet our new students and parents and prepare for a great kindergarten year. If you have a student planning to attend

### **School Calendar**

**3/08** PTO Meeting, 6p, Library

**3/09** Chess Club, 3:45p, Library

3/10 No School

**3/11** Chess Club Tournament – KSCA State Championship

3/13-17 No School – Spring Break

**3/20** Board of Edu., 6:30p

3/22 Early Release at 3p

4/04 Kindergarten Concert, 6p

1<sup>st</sup> Grade Concert, 7:30p

**4/05** Early Release

4/07 No School

Kindergarten at JSE in the fall, please visit the Kindergarten Enrollment page on our JSE website. You will find the information and links you need under the Parent tab. Once you are registered, we will send you more information about this fun, spring event!

Sincerely,
Sandra Cromwell, Principal
cromwsan@usd437.net



# Mrs. K's Counseling Corner

Ready or not, here we are at the last quarter of our school year. We will be springing forward and learning about internet safety, empowering ourselves and others, and for our 4-6<sup>th</sup> grade students, we will be watching maturity videos, which our school nurse Lacy Randall will help me facilitate. If you have any questions or concerns, please don't hesitate to let me know. Videos can be previewed by parents at school. Letters will be sent home with the exact dates for 4-6<sup>th</sup> graders. Have a wonderful spring break!

Mrs. K., School Counselor kickhgly@usd437.net 785-339-4615

### **SAVE THE DATE of our next PTO Meeting!**

Mark your calendar for the evening of **Wednesday, April 12** and plan to attend the next JSE PTO meeting. We would love to have you join us as we plan for the rest of the 2022-2023 school year and look forward into next year!

### Congratulations, Maya Hildenbrand!

Maya's artwork titled "Walking on Sunshine" will be displayed at the Topeka Public Library from March 3-26 to celebrate Youth Art Month.



### **JS 2023 SUMday Math Team**

Congratulations to the following students for qualifying to represent Jay Shideler Elementary at the county wide SUMday math contest that will be held on March 25 at WRMS. We are so proud of you! Good luck!

## **Congratulations SUMday students!!**

### 4<sup>th</sup> Grade

Luv Sinha Kye Scott Quaid Karr Carter Raines Sawyer Wichman Michael Gregory

### 5<sup>th</sup> Grade

Graham Figuerres Jake Jijo Nolan Un Madden Theissen Prescott Tuffley

Kallan Schoenfeldt

### 6<sup>th</sup> Grade

Ethan Lake
Preetam Anaparthi
Conner Klausman
Quinn Nolte
Beckham Rutherford
Caidin Stratmann

# MARCH IS YAM! YOUTH ART MONTH

A QUICK UPDATE OF WHAT IS GOING ON THIS MONTH FROM MS. LYNCH

Congratulations to these students. Their artwork will be displayed at the Topeka Zoo:

Max Tenbrink Duke Elwell **Audrey Huston** Natalie Wilson Harper Devlin Kendall Sloan James Diester Viviana Mawyin John Ellis **Rhys Garrett** Hunter Gish Hudson Christian **Evelyn Cathcart** Mackenzie Bird Maddox Voelkel Rilee Rempe Brooklyn Gish Kennedy Havay Kyle Kutina Harmony Dimick Parker Deeter Bryson Philipi Annika Ahumada Dean Callahan Valaree Pham Emma Evenson Erin Davidson Quinn Nolte **Grace Snarr** Brylee Jones

CHECK OUT OUR AMAZING
ARTIST AT THE TOPEKA ZOO
FROM MARCH 4TH-MARCH 19TH

CONGRATULATIONS TO QUINN NOLTE. HER ARTWORK WILL BE DISPLAYED AT THE TOPEKA PULBIC LIBARARY FROM MARCH 1ST-25TH. THERE IS A PEOPLES CHOICE COMPETETION FROM MARCH 1ST-19TH. STOP BY THE LIBRARY AND VOTE FOR QUINN!



THE STUDENTS HAVE BEEN HAVING SOME EXTRA FUN IN ART CLASS LEADING UP TO YAM. INCLUDING SPIRIT WEEK, CANVAS PAINTING, AND BOTTLE CHANDELIERS!





### President's Pen

We are anticipating a few **PTO leadership vacancies** for the 23-24 school year. The things we do aren't possible without people to lead. There are a variety of opportunities to lead, help, or shadow. Some opportunities are a few hours a year, where others are ongoing. Please consider giving your time and talents to the JS PTO so we can continue to support our students and teachers.

We have more **dine-out night opportunities** coming up that help support and fund PTO projects. Take a few nights off from the kitchen and come join us for dinner or take-out!

**4/05 – Qdoba** 4-8 PM To help fund the 6<sup>th</sup> grade promotion activities. Must show this QR code at register or by ordering online at qdoba.com using this digital coupon

**4/19 – Freddy's** 4-8 PM Must show flyer\* or say you are here for the fundraiser. Or use the code "GIVEBACK" for mobile or online orders.

**5/02 – Chick-fil-A** 4-7 PM Dine-in and Carry-our orders ONLY (No drive thru or pre-order on app orders) Must mention or show flyer\*

\*Flyers attached at end of newsletter

We are hosting our **1**<sup>st</sup> **JSE Food Truck Night** on Friday, May 12. We will have several food trucks to choose from and bounce houses for the kids. If you are interested in sponsoring a bounce house, please contact Lauren Ewald at (785) 554-8360.

Thanks to all of you for your continued support and generosity for our Jay Shideler Elementary students, teachers, and staff! Please join us for our next PTO meeting on Wednesday, March 8 at 6 PM in the library.

It's a great day to be a Blue Jay!

Lori Rupp, Jay Shideler PTO President Lori@ruppurology.com

### **Clinical Social Workers Corner**

**Separation and divorce** have a profound ripple effect on each of the family members' lives. What was at one point, perhaps the best day of your life when you met your spouse, it has now become the worst decision of your life, and you're not alone, you have children.

What are some of the, (possibly most noticeable), effects of divorce on children, focusing more so on those school age children that we work and live with: (taken from, Family Means, better is possible)

- Poor performance in academics. For children, trying to understand the changing dynamics of the family may leave them distracted and confused. The more distracted children are, the more likely they are to not be able to focus on their school work.
- Loss of Interest in Social Activity. Children
  whose family is going through divorce may have
  a harder time relating to others, and tend to
  have fewer social contacts. Sometimes children
  feel insecure and wonder if their family is the
  only family that has gotten divorced.
- Difficulty Adapting to Change. Through divorce, children can be affected by having to learn to adapt to change more often and more frequently.
- Emotionally Sensitive. Feelings of anger, confusion, anxiety, and many others, all may come from this transition. Divorce can leave children feeling overwhelmed and emotionally sensitive. Children need an outlet for their emotions, someone to talk to, someone who will listen, etc. Children may feel effects of

- divorce through how they process their emotions.
- Anger/Irritability. In some cases, where children feel overwhelmed and do not know how to respond to the affects they feel during divorce, they may become angry or irritable. Children processing divorce may display anger at their parents, themselves, their friend, and others. While for many children this anger dissipates after several weeks, it persists, it is important to be aware that this may be a lingering effect of the divorce on children.
- Feelings of Guilt. Children often wonder if they have done something wrong. These feelings of guilt are a very common effect of divorce on children, but also one which can lead to many other issues. Guilt increases pressure, can lead to depression, stress, and other health problems. Providing context and counseling for a child to understand their role in a divorce can help reduce these feelings of guilt.
- Introduction of Destructive Behavior. While a
   child is going through a divorce process, the
   child may rebel through destructive behavior
   which harms a child's overall health status.
   Unresolved conflict may lead to future
   unexpected risks. Once again,
   counseling/therapeutic interventions, as well as
   a spiritual grounding, will help reduce such
   behavior and increase coping skills.
- Increase in Health Problems. The process of divorce and its effect on children can be stressful. Dealing with these issues can take its

Jay Shideler Elementary School March 2023 Page 5

toll, including physical problems. Children who have experienced divorce have a higher perceptibility to sickness, which can stem from many factors, including their difficulty going to sleep. Also, signs of depression can appear, exacerbating these feelings of loss of wellbeing.

While these are some of the possible effects of divorce on children, they are by no means absolutes, or written in stone. More and more families and individuals understand just how stressful divorce is for their

children, as well as their selves. One needs to understand that we are not alone, as we seek and ask, we will find and get answers. The first step may be taken by the parent, relative or a teacher, social worker, or other school staff member. The child may not be able to communicate verbally any of his emotions and/or thoughts, but his behavior will communicate the unspeakable pain that he or she is enduring. Let's all listen and respond appropriately.

Jose Marquez, LSCSW

### **Updates and Upcoming Events + Reminders**

### Parent Consideration Survey for Student Placement 2023-2024

As we begin to prepare for our next school year, teachers and school staff will begin looking at student placements and class lists in order to determine the best learning environment for each student. Parents may also share attributes or qualities of teachers or additional information for the principal to consider when making class placements for the upcoming school year. Some examples of teacher attributes or qualities could be a highly structured classroom, high expectations for students, open communication, etc. Additional information is anything else that you believe would be useful information when creating the class lists.

In order for parental requests to be considered, they must be made through this survey (emails or conversations with other staff members will not be included). For organization purposes, please enter one response per child. Responses will be collected until March 31, 2023.

Parent Consideration Survey for 2023-2024

#### **Bingo Night and Summer Coding Camp through WRHS**

Washburn Rural High School's Computer Science Honor Society invites you to join us for a Binary Bingo Night Fundraiser and Summer Camp! Visit our website at wrhs.net/cshs and go to the events page to register and get more information. Binary Bingo is April 20th and is open to the entire Auburn-Washburn Community.

Summer Camp sessions for Coding Camp are going to be offered for students entering grades Kindergarten through 9th grade. The early registration deadline is April 30. See the events page on our website for more information!

# **Spirit Night**

Tuesday, May 2, 2023 | 4:00pm - 7:00pm



Join us for food and fun! A portion of sales will be donated to Jay Shideler Elementary School. Please mention Jay Shideler Elementary when you place your order. For dine-in and carry-out orders only.



17th and Wanamaker FSU 1625 SW Wanamaker Rd, Topeka, KS 66604 www.topekalovescfa.com www.facebook.com/cfatopeka

© 2021 CFA Properties, Inc. Chick-61-A® and Chick-61-A Stytond® are registered trademarks of CFA Properties, Inc.

# DONATEWITHA Freddy's DOUBLE

FREDDY'S IS PROUD TO CONTRIBUTE

OF EVENT SALES!

### **IN-STORE**

> SHOW THIS FLYER < OR SAY "I'M HERE FOR THE FUNDRAISER" AT CHECKOUT

**ONLINE OR MOBILE APP** 

**USE PROMO CODE: GIVEBACK** 



A FUNDRAISER SUPPORTING: **Jay Shideler** 

**COME ENJOY YOUR FREDDY'S FAVORITES WHILE HELPING A GREAT CAUSE!** April 19, 2023 | 4PM-8PM

1050 SW Wanamaker Rd, Topeka, KS 66604

Offer valid only on select date(s). Only non-profit organizations are eligible to participate in the Freddy's fundraising program. Freddy's will donate 15% of qualifying food and beverage sales to the organization. Tax, gift cards, catering and delivery are excluded from the donation. Offer void if flyer is distributed in or near the restaurant. For more information about fundraising, email fundraising@freddys.com.