

HOSTED BY:

COACH CHOONCHAROEN

(WRMS FOOTBALL, BOYS & GIRLS BASKETBALL)

COACH CARSON

(WRMS VOLLEYBALL)

COACH HENLEY

(WRN VOLLEYBALL)

FIT CAMP

STRENGTH

SPEED

AGILITY

POWER

CORE



**EVERY TUESDAY, WEDNESDAY AND THURSDAY
STARTING MAY 26TH - JULY 16TH AT WASHBURN
RURAL MIDDLE SCHOOL (WRMS)**

**SESSION 1: 7:30 - 8:45 AM (BOYS)
SESSION 2: 8:45 - 10:00 AM (GIRLS)**

**\$5 PER DAY OR \$80 UP FRONT FOR
THE WHOLE SUMMER**

VENMO INFO

@mlhenley1



venmo

SIGN-UP FORM



REMIND INFO

