

WASHBURN RURAL MIDDLE SCHOOL
Cross Country 2022-23



| Day | Date | Time | Opponent | Level | Location |
|------------|-------------|-------------|---|--------------|----------------------------------|
| TUES | 9/6/22 | 4:00 PM | Wamego | 7th & 8th | Wamego MS |
| THURS | 9/8/22 | 3:30 PM | Fort Riley | 7th & 8th | Milford State Park |
| SAT | 9/10/22 | 7:45 AM | Emporia | 7th & 8th | Jones Park |
| WED | 9/14/22 | 3:30 PM | Lawrence | 7th & 8th | Lawrence |
| FRI | 9/16/22 | 2:00 PM | AMS/EMS Invitational Anthony/Eisenhower Middle School | 7th & 8th | Warner Park Manhattan |
| TUES | 9/20/22 | 4:00 PM | Shawnee Heights MS | 7th & 8th | Shawnee Heights Middle School |
| THURS | 9/22/22 | 3:00 PM | Turner Middle School | 7th & 8th | Pierson Park |
| FRI | 9/30/22 | 2:00 PM | CML League Meet | 7th & 8th | Milford State Park |