

CHEER TRYOUTS 2018-2019

TRYOUT DATES & TIMES

**Tryouts will be held at Washburn Rural Middle School in the WRESTLING ROOM*

Clinic Day 1- August 13th 3-4:45 pm (Rides need to pick up by 5:05)

Clinic Day 2- August 14th 3-4:45 pm (Rides need to pick up by 5:05)

Tryouts- August 15th 3-5 pm (Students may leave after completing their individual tryout.)

CHEER IS A PAY TO PLAY ACTIVITY AT WRMS

1. Mandatory cost involved: includes uniform, bow, briefs, small bag, shoes, and poms. This will be all of the items that you will need. Must be paid in full by Sunday August 19th online, the weekend after tryouts.

Parent Signature required: _____

2. TO PARTICIPATE IN TRYOUTS THE FOLLOWING MUST BE ON FILE IN THE OFFICE:

- Pre-Participation Physical Evaluation dated after May 1, 2018
- Concussion/Head Injury Release Form
- Trainer Consent Form
- Emergency Card

3. Participants will cheer during Football, Girls and Boys Basketball, (August- mid Feb.). **You are ineligible to participate in any other sports activity during cheer season.**
4. All squad members must adhere to the rules and regulations set forth by the Kansas State High School Activities Association, Washburn Rural Middle School, and the cheerleading coach.
5. Each cheerleader must maintain passing grades in at least 5 classes, each quarter to remain eligible.
6. Practices will be held Tuesday and Thursday 3-4:45. These can be subject to change based on scheduled athletic events. For example, you may have a game on a Mon. or Wed. during Basketball. Rides from practice must be here by 5:05, **no later.**
7. Attendance is mandatory at all practices and games. If you need to miss practice your parent is required to email the coach in advance for the absence to be excused. Students with 3 unexcused absences will be dismissed from the squad.
8. Our goal is to have fun, but we work hard as a team. As a member of the squad you will be help to high standards since you are representing the school.

What to expect during try-outs...

1. You will tryout as an individual.
2. Wear a t-shirt AND with your first and last name written on masking tape, shorts, and athletic shoes. Hair up and out of face. No makeup or jewelry.

3. You will be required to perform two cheers and a hurdler and toe touch jump, all taught during clinic.
4. Participants will be judged by outside judges. Score sheets will be confidential. **No parent or student may contact the coach regarding tryouts for 2 weeks.** Tryouts and making cuts are difficult, and can cause even us adults to have strong emotions. It is best to discuss areas of growth after emotions have settled.
5. The squads will consist of 12 girls for each grade.
6. Cheerleaders will be announced on the school Sally Line that evening after tryouts.

Instructions for the Sally Line After 8 pm:

- 1) Call 339-4326
- 2) Press 2 for School Activities
- 3) Press 3 for Spirit Squad

You will hear a recording of the names of girls that made the team.