

2018-2019

WRMS Cheerleading Squad Information

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GENERAL INFORMATION:

1. ALL CHEERLEADERS MUST HAVE THE FOLLOWING FORMS ON FILE IN THE WRMS OFFICE BEFORE TRYOUTS OCCUR
 - a. Pre-Participation Physical Evaluation dated after May 1, 2018
 - b. Concussion/Head Injury Release Form
 - c. Trainer Consent Form
 - d. Emergency Card
2. ANY STUDENT WANTING TO PARTICIPATE IN CHEERLEADING MUST GO THROUGH THE TRYOUT PROCESS
 - a. Tryout Clinics will be held August 13th and 14th from 3:00-5:00 in the Wrestling Room. Participants will come home with specific tryout information and an example scoring sheet on the first night of the clinic.
 - b. Tryouts will be held August 15th from 3:00-5:00 in the Wrestling Room. (Tryouts are CLOSED to outside spectators. Participants may leave AFTER their tryout is finished.)
 - c. Tryout results will be provided via the WRMS Sally Line by 7:00 pm the night of tryouts.
3. CHEERLEADING IS A PAY TO PLAY ACTIVITY AT WRMS
 - a. Mandatory cost involved:
 - i. UNIFORM: The cost for 7th graders and new 8th graders is \$135 plus tax and shipping. This fee includes cheer uniform, bow, briefs, cheer t-shirt, blue shorts, and poms.
 - ii. The \$135 fee MUST be paid in full by Sunday, August 19th using an online order form provided, the weekend after tryouts.
 - iii. SHOES: Cheerleaders will also be required to wear all white cheer shoes. These can be a pair you already have, or can be purchased from Academy Sports or Dick's Sporting Goods.

TRYOUT PROCESS

1. Participants will tryout in groups of 2-3, but scores will be given individually.
2. Participants should wear a solid color tank top or t-shirt, shorts, and athletic shoes. Participants will follow KSHAA rules and need to wear their hair up and out of their face, and absolutely NO jewelry is allowed.
3. Participants will be required to perform an entrance, one cheer, one chant, and two jumps of their choice, all of which will be taught during the tryout clinics.
4. Participants will sign up for their tryout number. Each participant will be given a number to wear during the tryout and score sheets will be filed accordingly which will create some anonymity for both the judges and the person entering scores.
5. Participants will be judged by outside collegiate-level judges. Score sheets will be kept confidential. If there are questions about participant performance, individual contact can be made AFTER September 1st.
6. Up to 12 cheerleaders may be placed on both the 7th and 8th grade squads. The number of participants will be decided upon an assigned cut score.
7. Results of tryouts will be announced on the WRMS Sally Line the night of tryouts.
 - a. Call 339-4326. Press 2 for School Activities. Press 3 for Spirit Squad . You will hear a recording of the 2018-2019 cheerleaders.

POLICIES AND PROCEDURES

1. The cheerleading season runs from August until the end of February.
2. The cheerleaders selected for the 2018-2019 season are required to cheer at ALL home football and both girls and boys basketball games.
3. Any cheerleader selected to be on the squad is unable to participate in any other sports activity during cheer season. Since the season is over by March, cheerleaders have the opportunity to participate in spring sports.
4. All squad members must adhere to the rules and regulations set forth by the Kansas State High School Activities Association, Washburn Rural Middle School, and the head cheerleading coach.
5. Each cheerleader must maintain passing grades in at least 5 classes, each quarter to remain eligible.
6. Practices will be held Tuesdays and Thursdays from 3-4:45 throughout the ENTIRE season. These can be subject to change based on scheduled athletic events. (For example, there may be a home game on a Tuesday, which would cancel out practice.) Calendars will be provided by the coach and given to each cheerleader/parent.
7. Attendance is MANDATORY at all practices and games.
 - a. A parent is required to email the coach IN ADVANCE if a cheerleader needs to miss a practice due to illness or family conflict. Contact must be made in advance in order for the absence to be excused.
 - b. Although some absences are excused and cannot be helped, it is important to remember this this is a team sport and there may be consequences for continued absences.
 - c. UNEXCUSED absences will result in immediate consequences. More than TWO UNEXCUSED absences will not be tolerated. Once a cheerleader has acquired their THIRD UNEXCUSED absence, they will be dismissed from the squad.
8. Cheerleaders must be picked up from practice and games in a timely manner.
 - a. All cheerleaders must be picked up no later than 15 minutes AFTER practice or games.
 - b. Each cheerleader will be given TWO free passes on late pick up. If an issue with pick-up becomes a problem, parents will be contacted. If the problem is not resolved, it may lead to dismissal from the squad.
9. Disciplinary issues will NOT be tolerated.
 - a. ISS First Offence: Benching from a game (Student must still come to game and sit with coach)
 - b. ISS Second Offence: Dismissed from squad
 - c. OSS will automatically result in dismissal from squad.
 - d. Issues with social media or other outside factors will be dealt with on a case by case basis, but cheerleaders are to be positive role models/representatives for WRMS. Anything that could be construed as inappropriate, harmful to themselves or others will NOT be tolerated and could cause disciplinary actions such as benching or dismissal from the squad.

The ultimate goal of the WRMS Cheer Squad is to enhance school spirit through teamwork and positivity. Negativity will not be tolerated at practices or games. As a member of the squad, each cheerleader will be held to high academic, social, and ability standards. It is our school's hope that each cheerleader has fun, enjoys cheering at the games, and can grow throughout this school year.

GO FALCONS!