

## 2016 FALL SPORTS INFORMATION

*All participants must have a signed KSHSAA physical (dated no earlier than May 1, 2016) and concussion form on file with the Athletic Office by August 10. Forms received after this date may not be processed in time for practice/tryouts.*



### CROSS COUNTRY

**First Day of Practice:**

Monday, August 15, 6 AM

**Parent/Team Meeting:**

Monday, August 22, 5:30 PM in the HS Library

**Morning Practices:**

At least the first 4 weeks and possibly longer depending upon temperature and heat index.

**Contact Information:**

Coach Matt Swedlund

Email: [swedlmat@usd437.net](mailto:swedlmat@usd437.net)



### GIRLS GOLF

**Parent/Player Meeting:**

Wednesday, August 17, 5:15 PM @ Cypress Ridge G.C.

**Athlete Orientation:** August 15 at 1 PM in the HS Auditorium

**First Day of Practice:**

Mon., Aug. 15 3:30 p.m. @ Topeka C.C.

**First Day of Competition:**

Tues. Aug. 23 @ Lake Shawnee G.C.

\*Transportation is the responsibility of the student-athlete during the first week of tryouts.

\*Golf clubs will need to be provided by the student-athlete participating.

**Contact Information:**

Coach Jared Goehring:

Email: [goehrjar@usd437.net](mailto:goehrjar@usd437.net)

Work Phone: 339-4141



### VOLLEYBALL

**First Day of Tryouts:** Fall Athlete

Orientation: Monday, August 15 at 1 PM in the HS Auditorium

Tryouts to follow at 3 PM in the Main Gym

**Inner-squad Scrimmage:** Tuesday, August 23 at 5:30 PM, Main Gym

**Parent Meeting:** following inner-squad scrimmage in Main Gym

**Contact Information:**

Coach Kevin Bordewick

Email: [bordekev@usd437.net](mailto:bordekev@usd437.net)



### FOOTBALL

**Parent Meeting:** Thursday, August 11, 6:30 PM in the HS Auditorium

**Equipment Checkout:** Friday, August 12  
10-12<sup>th</sup> grade at 4 PM  
9<sup>th</sup> grade at 5:30 PM

**Athlete Orientation:** August 15 at 1 PM in the HS Auditorium

**First Day of Practice:** Monday, August 15 at 3:30 PM

**Contact Information:**

Coach Steve Buhler

Home #: 785-584-6617

Email: [buhleste@usd437.net](mailto:buhleste@usd437.net)

Cell #: 785-608-8145



### GIRLS TENNIS

No one tries out or attends any practice without a completed physical and concussion form. Try outs will end on Thursday August 18th. If you cannot attend tryouts, you will not be on the team.

**First week practice schedule:**

Monday, August 15 11:00 to 12:45.

**Athlete Orientation:** August 15 at 1 PM in the HS Auditorium

Tuesday, August 16

No practice for Freshmen.

Sophomores, Juniors, Seniors

will practice 9:00 AM to 10:30 AM

Wednesday, August 17

Practice 5:00 to 6:30 PM

Thursday, August 18

Practice 5:00 to 6:30 PM

Friday, August 19

Practice 3:15 to 4:45 PM

All practices at the WRHS courts

**Contact Information:**

Coach Kevin Hedberg

Email: [hedbekev@usd437.net](mailto:hedbekev@usd437.net)



### BOYS SOCCER

**Conditioning:** 6-8 AM and 6-7:45 PM  
August 1 – August 5

**Athlete Orientation:** August 15 at 1 PM in the HS Auditorium

**Tryouts:** Monday, August 15 – 17 from 3-6 PM

**Parent Meeting:** Tuesday, August 23 at 6:30 PM in the HS Library

**Contact Information:**

Coach Brian Hensyel

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