Washburn Rural Middle School

Middle School Football Camp 2015

Date: July12 — July 17
(Sunday) — (Friday)

For Incoming 7th-8th graders

Sunday the **middle school football** locker-room will be open from **4-6pm** for players to get a locker and helmet. Players can show up anytime between 4-6 and then leave as soon as they are done. If players cannot make it Sunday, we will check them out on Monday after camp. **Monday through Friday** camp will run from **8:00 a.m. - 10:00 a.m.** on the high school field.

Highlights

- Players will learn the fundamentals of offensive and defensive football
- Players will perform drills in offensive, defensive, and special team positions
- Players will learn the fundamentals of blocking and tackling
- Players will learn plays and terminology that will be used in the upcoming season and at the high school

Contact person: Brian Soderberg
Phone #: 339-4342
email : soderbri@usd437.net

- **Drop off and pick up at the middle school locker-room behind the MS (northwest side of middle school)**
- **Come dressed in workout clothes and tennis shoes or football cleats. You may bring a water bottle.**
- **In case of bad weather call activity phone # for an updated message. Call 785-339-4326 then press 3 for SPORTS and 3 again for football and 3 again for the message**

Release of Liability: I grant the student permission to participate in the camp. I hereby assume all risk of his/her personal injury that may result from the Football Camp. As parent/guardian I so hereby release Auburn Washburn Schools, instructors, and all participants in said Football Camp program from all liability for injury that may result from the student taking part in Football Camp activities. This activity is not sponsored by Auburn-Washburn School District and the school is not responsible for any loss or injury from participating in the activity or observing the activity.

_____ _____
Parent/Guardian Signature Phone Number

_____ _____ **T—Shirt (ADULT sizes) : S M L XL XXL**
Player's Name Grade going into

_____ _____
Emergency Contact (Printed Name) Phone Number

Cost is $50.00 per athlete. Please mail checks and bottom portion of this to address below.
Non refundable checks payable to : **Brian Soderberg**
5620 SW 61st St.
Topeka, KS 66619