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TOPEKA, KANSAS



Teach them to
ride and see
where they will go



iCan Bike
Camp June 1-5

Easter Seals Capper Foundation
3500 SW 10th Ave
Topeka, KS 66604
www.easterseals.com/capper



NOW ENROLLING!



**Capper
iCan Bike
Camp**

Easter Seals Capper Foundation in partnership
with Shawnee County Parks & Recreation, is
proud to offer this life-changing bicycle camp!



**June 1-5, 2015
Central Park
Community Center
1534 SW Clay St.
Topeka, KS 66604-2923**



WHAT IS iCAN BIKE?

- iCan Bike uses adapted bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.
- Participants attend a 75 minute session each day for five consecutive days where they learn to ride while accompanied and encouraged by volunteer “spotters.”
- Over the course of the week staff continually adjust the bikes in an effort to challenge riders appropriately as they gradually discover the skill and joy of riding.
- For more detailed program information, visit www.icanshine.org.

WHO CAN PARTICIPATE?

To apply for the camp, participants must meet the following criteria:

- Have a disability
- Be at least eight years old
- Have a minimum inseam of 20 inches
- Weigh less than 220 pounds
- Be able to walk without assistive devices
- Be able to side-step to both sides
- Be able and willing to wear a properly fitted helmet
- Must be able to attend all five days of the session

Registration fee \$100

Scholarship assistance is available

Register soon for one of the sessions:

- * Session 1: 8:30 - 9:45 am
- * Session 2: 10:05 - 11:20 am
- * Session 3: 12:30 - 1:45 pm
- * Session 4: 2:05 - 3:20 pm
- * Session 5: 3:40 - 4:55 pm

Note:

Space is limited to 6 per session and spots are reserved on a first come, first served basis. Be sure to sign up early to guarantee your spot!

Capper iCan Bike Camp



Capper
Foundation

To obtain an application or for information about volunteering:

- visit www.easterseals.com/capper
- email intake@escfks.com
- call (785) 272-4060



TESTIMONIALS

“I feel so alive!”

- iCan Bike Camp Participant, Ben

“I can do anything!”

- iCan Bike Camp Participant, Bradley

“I am a strong, beautiful, popular bike rider!!!”

- iCan Bike Camp Participant, Catherine

“I cannot thank you enough for all you did for Ethan. He is 15 years old and after years of trying had given up on ever riding a bicycle. Now he’s got more self-esteem and he’s more apt to try new things that he normally would never want to do.”

Parent of a child in iCan Bike Camp

“All I can say is ‘WOW’. This experience has been one of the most worthwhile endeavors I have ever been a part of since working on behalf of children with special needs. I feel fortunate to have had the experience.”

Bike Camp Volunteer