

UPWARD FALL SPORTS

@ WESTERN HILLS CHURCH



Flag Football With Cheerleading

Evaluations - July 19th 6-8 PM, July 21st 6-8 PM

First Practice - August 8th

First Game - August 27th

Early registration(\$65) ends July 30th

Contact Nick Dowell
nick4upward@gmail.com



Soccer

Evaluations - July 14th & 19th 6:30-8 PM, July 16th 9-11 AM

First Practice - August 1st

First Game - August 20th

Early registration(\$65) ends July 30th

Contact Dave Parker
icoach@cox.net

WESTERN HILLS CHURCH

whillschurch.org

785-478-3083

2900 SW Auburn Rd

Topeka, KS 66614

Online Registration: www.upward.org/leagues/491864249

Or complete following brochures

More Info:

www.whillschurch.org/upward-sports

At Western Hills church we strive to provide a competitive yet balanced sports experience through Upward sports. Upward Sports was created with a vision to provide the best sports experience possible for every child. We are pleased to be a part of over 1 million people around the world in Upward Sports leagues and camps.

Anyone – children and volunteers of any faith or no faith – can participate in Upward Sports. Specifically designed for children in Pre-K to Sixth grade, Upward Sports aim to bring out “the winner” in every child – regardless of the game’s score.



HOW DO I SIGN UP?

REGISTER ONLINE, MAIL OR BRING INFORMATION TO:

Western Hills Church-Topeka KS

2900 S W Auburn Road
Topeka, KS 66614-4911

Register Online at <http://registration.upward.org/UPW61150>

Forms may be dropped off at the Western Hills Office Monday through Thursday, from 9:00 a.m. to 5:00 p.m., or left in the Upward drop box located outside the west doors.

REGISTRATION INFORMATION:

The early registration cost per child for **flag football** is **\$65**; after **July 21**, the cost is **\$75**.

The early registration cost per child for **cheerleading** is **\$65**; after **July 21**, the cost is **\$75**.

Deadline for registration is **August 8**.

Flag Football shorts are **optional** at a cost of **\$15**.

Cheerleading mock turtlenecks are **optional** at a cost of **\$15**.

EVALUATIONS AND ORIENTATIONS:

Everyone **must** attend one flag football evaluation or cheerleading orientation. They will take place at **Western Hills** as follows:

K5 through 6th Grade Boys/Girls

Tuesday, July 19, between 6:00 p.m. and 8:00 p.m.

Thursday, July 21, between 6:00 p.m. and 8:00 p.m.

Cleats Recommended

PROGRAM SCHEDULE:

First Practice - **Monday, August 8, 2016**

First Game - **Saturday, August 27, 2016**

Awards Celebration - **Saturday, October 8, 2016**

FOR MORE INFORMATION:

Nick Dowell

785-249-1042

nick4upward@gmail.com



2016

UPWARD FLAG FOOTBALL AND CHEERLEADING REGISTRATION FORM

PARTICIPANT CONTACT INFO: I AM REGISTERING MY CHILD FOR: FLAG FOOTBALL CHEERLEADING

Last Name First Name MI Gender Grade (16-17 school year)

Address Date of Birth / /
Month Day Year

City State Zip Would you be willing to coach your child's team?
 Yes No

Home Phone () Parent's Cell () If yes, please print your name:

Father/Guardian Email

Mother/Guardian Email Carpool Link (only same age/grade and gender)

Church (if you regularly attend church, which one?) (other player must also list your child as their carpool link)

Participant Information Notes (if any) How many years has your child played organized Flag Football?

If applicable, circle **ONE** night your child **CANNOT** practice. MON TUE THU

PARENT/GUARDIAN INFORMATION:

Father/Guardian Phone ()

I would like to assist this league by being a: Coach Referee Team Parent

Mother/Guardian Phone ()

I would like to assist this league by being a: Coach Referee Team Parent

Emergency Contact Daytime Phone () Evening Phone ()

SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Flag Football Jersey/Cheer Top Size (circle one):

YXS YS YM YL YXL/AS AM AL AXL A2X

Flag Football Shorts Size (optional circle one):

YXS YS YM YL YXL/AS AM AL AXL A2X

Cheer Skort Size (circle one):

YXS YS YM YL YXL/AS AM AL AXL A2X

Cheer Mock Turtleneck Size (optional circle one):

YXS YS YM YL YXL/AS AM AL AXL A2X

EVALUATIONS: (COACHES USE ONLY)

Cone Weave (Time) _____ 30 Yard Dash (Time) _____

Shuttle Run (Time) _____ Line Pass (Best of 3) _____

Pattern Run (Time) _____

Inner Tube Pass (Total of 3) _____

Moving Catch (1-5) _____

PAYMENT: Participant Fee : \$ _____ + Shorts / Mock Turtlenecks : \$ _____ = Total : \$ _____

OFFICE USE ONLY

DATE [] [] [] [] PAYMENT TYPE [] [] AMOUNT [] [] [] [] NOTE [] [] [] []

For a larger print version of these terms and conditions please visit www.upward.org/largerfont

PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.

NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.

Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

AUTHORIZATION AND RELEASE OF LIABILITY

I, the parent or guardian of the above-named child, authorizes the participation of my child in the Upward Unlimited (herein being referred to as UU) athletic program (the "Program") of the above-named Church. My child will participate in the UU sport denoted on this brochure. I understand that this Program is a nonprofit Christian sports ministry program for youth and that my child's participation is voluntary and not essential to completion of requirements of any program, school or government agency. I understand that the Program is conducted by the Church and its volunteers and staff, including parents of other participating children. I also understand that the Church is solely responsible for all aspects of the Program including selection and supervision of all persons conducting the Program, and that UU is not responsible for the Program or selecting and supervising persons conducting the Program. I further understand and agree that my child's participation in athletic and other activities of the Program necessarily involves the risk of injury and even death from various causes, including but not limited to accidents, falls, strenuous and prolonged physical activity, dehydration, illness, collision or dispute with other participants, weather related injuries, playing area and equipment defects, and negligence of coaches and referees. On behalf of my child, me, and my family, I assume these risks. In consideration of the privilege of my child's participation in the Program, and on behalf of my child and me as parent/guardian, I hereby release, discharge, hold harmless and indemnify, and covenant not to sue, the Church and UU, and all of the Church's and UU's directors, officers, elders, trustees, deacons, employees, volunteers, insurers, agents and representatives, and all other persons associated with the Program (including without limitation any other participating churches, sponsors, parents, vendors, coaches and other game and event workers, officials, drivers, and organizations) as to any and all claims of my child, me and other family members for personal injuries suffered by my child, property damage, medical expenses, and economic loss arising directly or indirectly out of my child's participation in the Program, and any first aid, medical care or treatment provided to my child in the event my child is injured or becomes ill while participating in Program activities, and excepting claims that may not be released under applicable law. This Release of Liability shall be as broadly construed as allowed by law to include all claims and rights that the child, that I as parent/guardian, and that other family members may have. I am a legally responsible parent or guardian of my child. If any provision of this Release of Liability is deemed invalid, the remaining provisions shall remain in full force and effect. This Release of Liability shall be binding on me, my family, heirs, next of kin, legal representatives, beneficiaries, successors and assigns. I hereby authorize the Church and UU to use, reproduce, distribute, display, and to license others to use, reproduce, distribute, and display, my child's image, and photograph, as well as any video, digital, or audio recording or reproduction, in connection with external and internal communications of the Church and UU for the sole purpose of advancing UU programs. I acknowledge and consent that registration will allow UU to obtain access to personal information regarding me and my child participation. I agree that UU may use such personal information in a manner consistent with UU's Conditions of Use and Privacy as amended from time to time. I further understand that the current version of UU's Conditions of Use and Privacy may be found at www.upward.org. I further acknowledge and consent that use of such personal information may involve communication by UU directly to the parent/guardian home and email addresses.

PARTICIPATION AND SAFETY

I understand that participation in the Program may involve strenuous and prolonged physical activity. I agree that my child is healthy and able to participate in the Program activities. I understand that the Church or its representatives may request health information concerning my child and/or ask my child to undergo a medical exam. If the Church determines that my child does have a physical, mental or other condition that may affect his/ her ability to safely and appropriately participate in Program activities (or that may affect the ability of other children to participate safely), the Church may determine that my child cannot be permitted to participate. I understand and agree that, while the Church desires that all children will be able to participate, such decisions may have to be made out of concern for the best interests of my child and other participants.

CONSENT TO MEDICAL TREATMENT

In the event my child is injured or becomes ill in Program activities, and if I, the parent or guardian of the above-named child, am not present to make medical decisions, I hereby authorize the Church, its staff, volunteers including volunteer parent participants, coaches, assistant coaches, and referees, supervisors and drivers, to arrange for and consent on my behalf to emergency medical and dental care and treatment, including tests and radiological exams, and surgery, and hospital care and treatment, and to consent to medications for pain and other conditions as prescribed by medical personnel attending my child. I am responsible for payment of any medical charges or expenses not covered by my insurance or the insurance applicable to my child (if any). My signature below indicates that all information provided in this form is true and accurate, and that I fully agree to all statements made on the form, including but not limited to the Authorization and Release of Liability, Medical Conditions, and Consent to Medical Treatment. My signature also indicates that all legal guardians are aware and consentual with the participation of the above-named child.

Signature: _____
Printed Name: _____ Date: _____

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UPW61150

Cut here and keep



HOW DO I SIGN UP?

REGISTER ONLINE, MAIL OR BRING INFORMATION TO:

Western Hills Church-Topeka KS

2900 S W Auburn Road
Topeka, KS 66614-4911

Register Online at <http://registration.upward.org/UPW61388>
Registration form and fee can be dropped off at the Western Hills Church Office between the hours of 8:00 a.m. - 5:00 p.m., Monday through Thursday, or after hours in our Upward Drop Box located by the northwest entrance.

REGISTRATION INFORMATION:

The registration cost per child for soccer is \$65.
Soccer shorts are optional at a cost of \$15.
Late registration is \$75 after July 30.

EVALUATIONS:

Everyone must attend one soccer evaluation.

They will take place at the Western Hills Soccer Fields as follows:

K5 - 6th Grade Boys/Girls

Thursday, July 14, between 6:30 p.m. and 8:00 p.m.

K5 - 6th Grade Boys/Girls

Saturday, July 16, between 9:00 a.m. and 11:00 a.m.

K5 - 6th Grade Boys/Girls

Tuesday, July 19, between 6:30 p.m. and 8:00 p.m.

Cleats Recommended

PROGRAM SCHEDULE:

First Practice - Monday, August 1, 2016

First Game - Saturday, August 20, 2016

Awards Celebration - Saturday, October 8, 2016

FOR MORE INFORMATION:

Western Hills Church
office@whillschurch.org
785-478-3083

Dave Parker
icoach@cox.net
785-565-2639



2016

UPWARD SOCCER REGISTRATION FORM

PARTICIPANT CONTACT INFO:

Last Name	First Name	MI	Gender	Grade (16-17 school year)
Address			Date of Birth / / Month Day Year	
City	State	Zip	Would you be willing to coach your child's team? <input type="radio"/> Yes <input type="radio"/> No	
Home Phone ()	Parent's Cell ()			
Father/Guardian Email			If yes, please print your name:	
Mother/Guardian Email			Carpool Link (only same age/grade and gender)	
Church (if you regularly attend church, which one?)			(other player must also list your child as their carpool link)	
Participant Information Notes (if any)			How many years has your child played organized Soccer?	

If applicable, circle ONE night your child CANNOT practice. SUN MON TUE WED THU FRI SAT

PARENT/GUARDIAN INFORMATION:

Father/Guardian	Phone ()
I would like to assist this league by being a: <input type="radio"/> Coach <input type="radio"/> Referee <input type="radio"/> Team Parent	
Mother/Guardian	Phone ()
I would like to assist this league by being a: <input type="radio"/> Coach <input type="radio"/> Referee <input type="radio"/> Team Parent	
Emergency Contact	Daytime Phone () Evening Phone ()

SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Soccer Jersey Size (circle one):
YXS YS YM YL YXL/AS AM AL AXL A2X

Soccer Shorts Size (optional circle one):
YXS YS YM YL YXL/AS AM AL AXL A2X

EVALUATIONS: (COACHES USE ONLY)

10 Yd. Sprint _____ **Breakaway Dribble** _____

20 Yd. Sprint _____ **Stationary Passing** _____

Cone Weave _____ **Dynamic Shooting** _____

PAYMENT: Participant Fee : \$ _____ + Shorts : \$ _____ = Total : \$ _____

OFFICE USE ONLY

DATE	PAYMENT TYPE	AMOUNT	NOTE
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For a larger print version of these terms and conditions please visit www.upward.org/largerfont

PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.
NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.
Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

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Signature: _____
Printed Name: _____ Date: _____

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