



# EXPERIENCE CHANGE

This program is an equine-assisted psychotherapy program meant to provide a safe space to explore, problem-solve, overcome challenges, and in general, discover one's self more fully. Equine-Assisted Psychotherapy is a powerful, unique experience that touches the heart and brings about change. No riding is involved. Ground activities only.

Call us today to get started! ☎ 785.272.0778  
Like us on facebook @cfccassociates for updates!

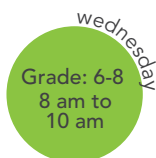
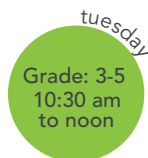
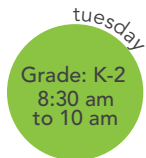


## topeka April - October

Appointments available Tuesdays & Thursdays.

Adult Group: Thursdays 5:30 PM - 7:30 PM

Children/Youth Groups: June 10 - August 2

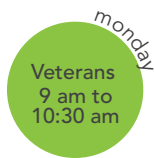


## atchison April - October

Appointments available Friday mornings.

Adult Group: Fridays 5:30 PM - 7:30 PM

Children/Youth Groups: June 10 - August 2



## TOPICS

- Respect
- Responsibility
- Relational Skills
- Boundaries
- Empathy
- Choices / Consequences
- Peer Pressure
- Attitude
- Motivation
- Anger Management
- Self-Confidence
- Self-Worth

## SERVICE TO

- Individuals
- Couples
- Families
- Corporate Groups