

Washburn Rural Middle School

# Middle School Football Camp 2019

Date: **June 9— June 14**  
(Sunday) — (Friday)



## For Incoming 7th-8th graders

**Sunday** the middle school football locker-room will be open from **4-6pm** for players to get a locker and helmet. Players can show up anytime between 4-6 and then leave as soon as they are done. If players cannot make it Sunday, we will check them out on Monday after camp.

**Monday through Friday** camp will run from **8:00 a.m. - 10:00 a.m.** on the high school turf field. Players do **NOT** need a physical to attend.

### Highlights

- Players will learn the fundamentals of offensive and defensive football
- Players will perform drills in offensive, defensive, and special team positions
- Players will learn the fundamentals of blocking and tackling
- Players will learn plays and terminology that will be used in the upcoming season and at the high school



**Contact person: Brian Soderberg**  
**Phone #: 339-4342**  
**email : soderbri@usd437.net**

- ♦ Drop off and pick up at the middle school locker-room behind the MS (northwest side of middle school)
- ♦ Come dressed in workout clothes and tennis shoes or football cleats. You may bring a water bottle.
- ♦ In case of bad weather we will send a REMIND message for those signed up for this app. Instructions for this app will be handed out when you enroll

Release of Liability: I grant the student permission to participate in the camp. I hereby assume all risk of his/her personal injury that may result from the Football Camp. As parent/guardian I so hereby release Auburn Washburn Schools, instructors, and all participants in said Football Camp program from all liability for injury that may result from the student taking part in Football Camp activities. This activity is not sponsored by Auburn-Washburn School District and the school is not responsible for any loss or injury from participating in the activity or observing the activity.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Player's Name

\_\_\_\_\_  
Grade going into

T—Shirt (**ADULT** sizes) : S M L XL XXL

\_\_\_\_\_  
Emergency Contact (Printed Name)

\_\_\_\_\_  
Phone Number

**Cost is \$60.00 per athlete. Please mail checks and bottom portion of this to address below. A few scholarships are available for select participants in need.**

Non refundable checks payable to : Brian Soderberg  
4404 SW Brandywine Lane  
Topeka, KS 66610