



iCan Bike Program to Peddle Back into Topeka in June

Disability non-profit is now accepting applications for annual program.

TOPEKA, KS – January 26, 2018

For the eighth year in a row, Easterseals Capper Foundation is collaborating with iCan Shine, a non-profit organization that teaches individuals with disabilities to ride a conventional two-wheel bicycle using adapted bike equipment through its iCan Bike Program. This five-day program is taking place June 4-8, 2018 at Central Park Community Center, located at 1534 SW Clay in Topeka, Kansas. This program requires riders to attend one 75-minute session per day. Session times are scheduled as follows:

Session 1: 8:30 am - 9:45 am

Session 2: 10:05 am - 11:20 am

Session 3: 12:30 pm - 1:45 pm

Session 4: 2:05 pm - 3:20 pm

Session 5: 3:40 pm - 4:55 pm

iCan Shine uses customized adapted equipment, trained professionals and volunteers. Approximately 80% of riders learn to ride a conventional bicycle independently by the end of the week. The remaining 20% of riders often make great progress towards that goal. To be eligible to enroll, riders must: be at least eight years old; have a disability; be able to walk without an assistive device such as a walker or cane; be able to side-step quickly to both sides; have a minimum inseam measurement of 20 inches from the floor; and weigh no more than 220 pounds.

Cost is \$100 and scholarships are available. For more information about iCan Bike, contact Easterseals Capper Foundation's Intake Department at 785.272.4060 or intake@escfks.com.

Join us as we take on disability together. Visit www.easterseals.com/capper for more information about our organization.

For media related information, please contact:

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